



## Freshwater Beach

Sunday 22<sup>nd</sup> November 2009

**10:30am start Ironman Events**

Pre-registration at the clubhouse opens at 9:30am and closes at 10:15am for Ironman/BOTH events.

**1pm start Board Events**

Pre-registration at the clubhouse opens at 11:30am and closes at 12:45pm for Board ONLY events.

### Registration details

Surname ..... First Name .....

Address .....

Competing age ..... M / F Date of Birth .....

Surf Club ..... Proficiency No .....

Contact numbers (H) ..... (M) .....

(email) .....

Shirt size (circle one)      Child size    10    12    14    16  
    Adult size    S    M    L

(Entrants in BOTH events will receive a free T-shirt.  
 Registrations for one event received prior to 13<sup>th</sup> November will receive a free T-shirt.)

**Please circle correct entry fee**

\$20 entry Ironman event ONLY

\$20 entry Board event ONLY

\$30 entry BOTH events

*Late entries on the day are \$5.00 extra to the above.*

I confirm that the above information is true and correct and accept full responsibility for the competitor's well being and do not hold Freshwater SLSC or its representatives responsible in any way.

Competitors signature ..... Guardians signature .....

Note that **ALL** entries including Sydney Northern Beaches Clubs are to be sent **directly** to Freshwater SLSC.

Please post registration form and cheque (made out to Freshwater JAC) to  
 The Bennett Freshwater Ironman & Board Classic  
 Freshwater Surf life Saving Club  
 PO Box 308 Harbord 2096.