



# FRESHWATER SLSC MASTERS 2009

Enjoy top class  
competition

Great location with  
easy parking

Friendly Freshie  
Hospitality

**Registration**  
30mins prior to  
event

**Start Time**  
BOATS 8am  
WATER 9am  
BEACH 10am

(multi-discipline  
events order:  
Ski-Board-Swim)

Team events to be  
conducted first fol-  
lowed by  
individual events  
(program available  
on the website)

Team events—  
Aggregate Ages.  
Races may be  
amalgamated  
when age groups  
have small numbers

**SATURDAY 21st NOVEMBER 2009**

## EVENTS

- ▶ Surf Team Races: 110yrs, 130yrs & 150yrs
- ▶ Taplin Relay—three competitors—110yrs, 130yrs & 150yrs
- ▶ Single Ski Relay: 110yrs, 130yrs & 150yrs
- ▶ Board Relay: 110yrs, 130yrs & 150yrs
- ▶ Beach Relay: 140yrs, 170yrs & 200yrs—four competitors per team
- ▶ Men's and Women's Surf Races: all age groups
- ▶ Men's and Women's Single Ski: all age groups
- ▶ Men's and Women's Board Races: all age groups
- ▶ Double Ski: all age groups
- ▶ Ironman & Ironwoman: 30-39, 40-49, 50-59, 60-69, 70+
- ▶ Men's & Womens Beach Sprint: all age groups
- ▶ Men's and Women's Beach Flags: all age groups
- ▶ Boat races: 120, 140, 160, 180, 200, 220 and 240yrs
- ▶ **Marchpast**

**\$25.00 pp**  
**Entry fee**  
**Unlimited Events**

**T-Shirt for every**  
**competitor**

## HOW TO ENTER

All entries must be made via SurfCANS.  
If you do not have access to SurfCANS  
please contact SNB Branch on  
02 9913 8066.

**Entries close Thursday 19th November  
2009.**

## Enquiries

Ross Parry 9938 5451

Freshwater SLSC 9905 3741

Email: [exo@freshwaterslsc.com](mailto:exo@freshwaterslsc.com)

[www.freshwaterslsc.com](http://www.freshwaterslsc.com)

Freshie Masters Carnival is  
proudly sponsored by



Freshies Bar and Grill  
Open seven days  
Lunch and Dinner  
Moore Road, Harbord

John Thorpe,  
Tish King and  
Sean King have  
been long time  
supporters of  
Freshwater SLSC.  
Their contribution  
to the local  
surf lifesaving  
community is  
invaluable and  
the Committee  
extend its sincere  
appreciation to  
them for their on-  
going support.