

Freshwater Nippers

2011 / 2012



**Information Booklet
& Season Calendar**

www.freshwaterslsc.com

FRESHWATER NIPPERS 2011/2012

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INTRODUCTION

The 2011/12 season marks a continuation of a long and proud tradition of junior activities (nippers) at Freshwater SLSC. This tradition was started at Freshwater by Mr Raymond Brown OAM in excess of 40 years ago and his legacy grows stronger each year.

The Freshwater Junior Activities Committee (JAC) is a sub-committee of the Freshwater Surf Life Saving Club. Freshwater SLSC is affiliated with the Sydney Northern Beaches (SNB) Branch of Surf Life Saving NSW.

The Junior Committee is elected each year and has the overall responsibility for the welfare, coaching, education and instruction of boys and girls in various age groups from the under 6's through to the under 14's.

The day to day activities of each age group are led by one or more age managers who are endorsed by the Junior Committee. The primary role of the age managers is to educate our junior members, in a friendly, fun and safe environment, about the surf and surf life saving.

This booklet has been prepared by the Junior Activities Committee (J.A.C) to give junior members and parents necessary information concerning junior activities at Freshwater.

FRESHWATER IS A FAMILY CLUB FIRST AND FOREMOST



WELCOME

Welcome everyone to the 2011/12 nippers season at Freshwater SLSC.

This is my 9th season with Freshwater nippers. I am honored to be working alongside a great bunch of extremely dedicated parents to help provide this valuable program for your kids in a great family environment. I would firstly like to welcome the new members to our committee this season:

Sam Di Sano	Vice Chairman
Mike Partington & Andrew Casey	Water Superintendants

If you are a new family to Freshie, a special welcome to you. I'm sure that your kids won't be the only ones to have lots of fun and make some good friends along the way.

Some new initiatives for this season:

Last season, we introduced colour coded caps for each age group, which has proven to be a great success. As we continue to grow as a family club, we have introduced further new initiatives this season to continue to improve the safety and overall management of all our nippers. One of these new initiatives is the introduction of a staggered start time for Sunday nippers.

The under 6,7 and 8 age groups will be starting at 8.30am and finishing at 9.30am.

The under 9, 10, 11, 12, 13 and 14 age groups will be starting at 9.15am and finishing at 11am.

There are a number of reasons for the change. One of our goals is to give our youngest nippers more beach area to run around in. It will also give those parents who may have children in both younger and older age groups, the opportunity to be involved with both groups. It also means we will have an increase in parents available to provide water safety, once the younger age groups have finished.

Please take the time to read this booklet and remember to keep an eye on the calendar throughout the season for the schedule of events.

Running a successful club of this size only comes from the ongoing commitment and help offered by parents. To help streamline the process, we have introduced a Parent Involvement Registration form. This is to give all parents the opportunity to nominate an area where they would like to provide assistance. We thank all our parents for their support.

We also have a **brand new website** which will be regularly updated throughout the season with everything you will need to know. It will include, but not limited to, upcoming events, training information, any changes in our scheduled events and our Nippers Newsletter. This information hub is expected to reduce reliance on emails for correspondence, so please keep an eye on it throughout the season. We hope you find it most useful and welcome any feedback.

I look forward to seeing you all on the beach, and wish you a fun and successful season.

Dave Kiely
Chairman JAC
Freshwater SLSC

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SUNDAY ACTIVITIES

Sunday activities for under 6, under 7 and under 8 start at 8.30am and will finish at 9.30am. Sunday activities for under 9, under 10, under 11, under 12, under 13 and under 14 start at 9.15am for roll call for a 9.30am start and finish at 11am. However parents will be needed to assist with set up from 7.30am and pack up from 11am.

A PARENT OR GUARDIAN IS REQUIRED TO BE AT THE BEACH AT ALL TIMES DURING JUNIOR ACTIVITIES. FRESHWATER NIPPERS IS NOT A CHILD MINDING SERVICE.

All activities are organised in age groups. Each age group has an age manager/s and a list of this season's age managers is contained in the back of this handbook. Age groups are from under 6's to under 14's. The age of your child on the 30th September determines the age group your child will participate in each season.

The age managers are responsible for the children's welfare during the Sunday activities and at carnivals. They also conduct weekly 'Surf Ed' events training and instructional schedules outside normal junior Sunday events, the times for which are determined by the Junior Activities Committee. **Only those members who have completed the necessary forms and abide by the rules of the junior club are eligible to compete and are therefore covered under the Freshwater and Surf Life Saving Insurance Schemes.**

Occasionally Sunday junior events clash with carnivals and other events that the club competes in, such as State and Branch Championships. On these occasions Sunday activities are cancelled. You must check with your age manager and the Sunday notice board each week for events such as these. The enclosed calendar has most of these dates scheduled however, dates and venues change, so it's always wise to ASK. Always check the website if you are not sure, www.freshwaterslsc.com

The under 6's and under 7's are encouraged to do water wade relays and water bucket relays every week to learn how to negotiate the waters edge. For the Under 6's and 7's the emphasis is on fun and education, **NOT COMPETITION**. At this age children are encouraged to perform to their potential. There is no winner just team and parent support.

The under 8 age group engage in waters edge wade races as well as beach activities. The under 9's and above are introduced to regular swimming and board events most Sundays in a competitive environment. These age groups are encouraged to perform within their capacity and **NO** attempt is made to pressure these age groups. From the under 8's, children are eligible to compete at all local, branch and state carnivals.

OBJECTIVES

The objectives of the Freshwater Junior Activities Committee are:

- To provide a safe and fun environment for the children to learn about the beach, its unique qualities and surf activities;
- To teach the children aged 5 to 13 years to enjoy the surf safely;
- Provide the opportunity for children to improve their surf and beach skills;
- To train the children for a series of awards under the auspices of the SLSA of Australia's Board of Junior Development, which covers:

SURF AWARENESS

SURF SKILLS

FIRST AID

RESUSCITATION

- To encourage those interested, to use their natural skills in competition at a series of carnivals held throughout the season;
- To prepare the children for entry into the senior club at Freshwater;
- To promote fellowship, fair play, and enjoyment while learning very valuable life long water and surf skills;
- But above all....to have fun.

WATER SAFETY

Safety is obviously a major consideration in running the junior club. The guidelines for water safety are laid down by the Surf Life Saving Association.

ALL water events must have a water safety officer present. The Water Superintendent is elected onto the committee each year. Water safety officials **ALWAYS** wear orange caps and/or water safety rashies during water activities. Orange caps indicate that the water safety personnel are bronze medallion holders.

The IRB (Inflatable Rescue Boat) or Rubber Duck is present during all water events and it is imperative that as many parents as possible are in the water to accompany the children in surf races. **The Water Superintendent will not commence any race unless there is the correct number of water safety personnel. One bronze holder for every five children is compulsory.**

The Water Superintendent and/or the Competition Officer are responsible for deciding on whether surf conditions are suitable to conduct water activities. They will liaise with the patrol captain of the day and the lifeguard who has the final say on whether surf conditions are suitable.

CLUB EQUIPMENT

For safety reasons ALL children MUST wear a nipper cap during ALL Sunday activities.

Children are also encouraged to wear club costumes and club swimsuits. Nipper caps are to be removed once Sunday junior activities have ceased.

Whilst sun hats and sunscreen are not provided, these items are strongly recommended at all times. Protecting your child from the sun's harmful rays is a parental responsibility.

All other equipment is supplied by the club and is available for the use of all registered junior members. The age managers are the sole people responsible for allocating equipment at Sunday activities. **If you use it, then it's your responsibility to wash it and put it back after Sunday junior activities.**

The Freshwater club offers all members the opportunity to partake in a share or purchase scheme for club competition boards. Criteria such as training attendance, competition results and care of equipment are considered when allocating suitable boards to members. When a board is allocated to a member, the member must attend at least one of the club organised board training sessions each week and always transport the board in a protective cover. The member is expected to compete in individual events at all local carnivals, Branch and State Championships and if selected, in team events at Branch and State Championships. The boards must be maintained in good condition, and repairs will be covered by the club when occurring in the normal course of competition and training. Any request for an exception to the above is to be made to the Competition Officer prior to submitting an application for a competition board. Further queries regarding board allocation may be directed to the Competition Officer.

The Freshwater clubhouse and hall, the BBQ's and club tents are available for hire or loan. Please speak to a committee member or to the caretaker.

If you are not a member of Freshwater SLSC yourself and would like to know more about membership, please go to www.freshwaterslsc.com

“OUR CLUB IS YOUR CLUB”

PARENT INVOLVEMENT

Freshwater Nipper Parent Membership

Active Parent involvement in any part of nipper activities is a unique and essential component of Nippers.

Such 'activities' could include running in a race with your kids on the sand, to holding a flag in the water or helping out on the BBQ.

However, the modern litigious world has descended on us and we are now required to ask all those helping or participating in any way to have a Parent Membership. This is a policy now affecting all Surf Life Saving Clubs. As such, we have introduced a special 'Freshwater Nipper Parent membership' to meet this requirement. We are requesting all parents who do participate in some way (and we hope that most of you do) to take up this membership. The membership is necessary to permit parents to assist with Nipper activities and be covered by SLSC insurance should any mishap occur while involved.

Please assist us to support **your children** by taking up this membership. Many thanks for your support.

* * * *

At the beginning of each season, training is arranged for parents interested in obtaining their Bronze Medallion. This has proven very successful over the past few seasons. It is essential that as many parents as possible obtain their Bronze to meet the minimum water safety requirements for SLSA. Please refer to our website www.freshwaterslsc.com for registering your interest.

Many parents have then gone on to obtain their ARC, (Advanced Resuscitation Certificate), IRB Licence, IRB Crewman's Certificate, or many more awards. It helps teach our children, as well as being a great example to them.

Parents without life saving qualifications also have a role to play as -

- Committee members
- Age Managers
- Age Managers assistants
- Setting up the beach
- Carnival assistants

PARENT INVOLVEMENT

Freshwater is required to supply a minimum number of “volunteers” to assist with running local, Branch and State Carnivals. If we are not able to meet these requirements, we run the risk of our members being unable to compete.

The official requirements for carnival assistance from our club are:

1. 2 attendees at “Pre-Carnival meetings”
2. At Local carnivals, 1 Official for every 10 competitors + Water Safety
3. At Branch, 1 Official for every 10 competitors, 1 Recorder, 1 Results Runner + Water Safety
4. At State, 1 Official for every 10 competitors, 1 x IRB with crew, 5 Water Safety for the duration of the carnival.

To meet these requirements, each season we need to identify a minimum of:

15 x Level 1 (or higher) Officials to participate at Local, Branch and State carnivals;

3 x IRB Drivers;

3 x IRB Crewman;

12 x Water Safety

The need each season is to identify those parents who can act as officials and attain their Level 1 accreditation. While age managers may want to attain this qualification, they should not be “regular” officials at carnivals as their role is to assist their age groups.

At a Club Level, we need to provide a minimum of two age managers at each carnival - one for water and one for land competitors. Each season we also need to identify who will tow our trailer to carnivals.

If you are able to assist with these roles, please contact the Competition Officer or any committee member who will point you in the right direction.

SOCIAL ACTIVITIES

The kids aren't the only ones that should have fun and socialise with new friends at Freshie. The parents certainly do to! That's why we have some great social events throughout the season.

Please make sure you pencil in the below dates in your calendar:

Saturday December 17 th	Family Christmas Party; Santa & entertainment (4pm-8pm)
Sunday November 20 th	Bennett Junior Ironman and Board Carnival at Freshwater Beach
Thursday January 26 th	Australia Day Carnival at Freshwater Beach
Saturday March 10 th	Twilight Nippers - end of season Family Fun Day

Please be aware that YOU & your age group WILL be asked to assist in some way.

We need help preparing, cooking the BBQ, handing out drinks, cleaning up, etc.

Just ask anyone who's been at Freshie Nippers a while ...helping out is easy and a really great way to meet more people.

The kids will love seeing you there and getting involved!

Age Group duty rosters will be distributed throughout the season

Calling all social butterflies...the Freshie Social Committee needs you!

Do you love organising a party, even if it is for 700 people?

Have you got some great creative ideas that you think we should know about?

Please email Tracy Thomas - tracy@iconld.com.au.

We'd love to have you on the social committee team and help ensure we have another successful season of Freshwater Nipper Parties!

CARNIVALS

Several carnivals will be held throughout the season. The calendar included in this information booklet has the dates for all local carnivals and also special events that the club will attend outside the Sydney Northern Beaches Branch. These carnivals culminate with the Branch and State Championships to be conducted in February and early March towards the end of the season.

Individual events are held in Sprint, Beach Flags, Wade Race, Surf Race, Ironman/Ironwoman, and Board Race events. Team events are Wade Relay, Board Relays, junior and senior Cameron Relays, Beach Relays, Board Rescue, Surf Teams Race, March Past, and R&R. The SNB Branch also conducts surf board riding for all competitors 12 years to 14 years, at every local carnival. Freshwater encourages all surf board riders to compete in either short or long board competition.

Under 14 and 13 members who have obtained their SRC (Surf Rescue Certificate) are encouraged to compete with the senior club in the cadet division. They will be required to undertake weekend patrols once per month.

Only children who are 7 years of age and over at midnight on September 30th are permitted by the National Board of Junior Development to compete at carnivals. At all carnivals the Freshwater club cap and swimmers must be worn. For team events all competitors must wear their uniform otherwise they will be disqualified.

Each season there are approximately four local carnivals held on the Sydney Northern Beaches (SNB). These carnivals provide for both team and individual events. The Freshwater club encourages as many teams as possible to compete at all carnivals. Each season a junior representative team is chosen from these carnivals to represent the SNB at the annual NSW Inter-Branch Event. The branch team includes children from Under 12's to 14's.

Several special carnivals outside the SNB Branch are also held and permission **MUST** be obtained from the Freshwater club to attend and participate in these special carnivals. These special carnivals are included in the annual calendar. **NO permission ... NO competition.**

NOMINATION FEES: There is a non-refundable nomination fee payable to Branch for each Nipper entrant. Currently, Freshwater Nippers is happy to pay the entry fee for all Nippers. However, where a Nipper fails to attend a carnival, for which he/she has nominated, the Nipper's parents will be required to reimburse the Club for the nomination fee. Nippers will not be able to nominate for subsequent carnivals until outstanding fees are paid. Late nominations (after the closing date) are possible, but are very expensive. These fees must be paid in advance by the Nipper parents.

CARNIVALS

Teams and Competition: *One of the core values of surf lifesaving is teamwork. Freshwater is strongly committed to this value and we have developed a policy regarding this issue for Nippers competition. To be consistent with our values, all competitors who are selected to compete as part of a team in a team event, and who then agree to be a part of that team, are expected to compete in that event. While competitors may compete in individual and team events, competitors must not withdraw from competing in a team event in order to compete in an individual event. Doing so, may result in selection exclusion for future team events. We believe this policy to be entirely within the ethos of both the surf lifesaving movement and Freshwater SLSC.*

Branch Championships: Will be held in early February 2011. This carnival assists the club with the selection of the age teams for the Freshwater State Team.

State Championships: Will be held in late February 2011 and is the last carnival of the season. The club selects a team to compete at the State carnival.

Inter-Branch Championships: The team is selected by the SNB Branch selection committee, and is usually announced in October each year. For children selected in the team a significant commitment is required with no fewer than two training sessions each week for two months leading up to the Inter Branch Carnival.

Invitational Carnivals: The club competes each year at invitational carnivals outside the SNB Branch. These include iron person and board events on the central coast and other carnivals that from time to time the Freshwater club receives invitations to. All children are eligible to compete at these special events but **MUST** get prior approval to compete, before entering these events.

Club Championships: The Freshwater club championships are held every January/February towards the end of the season. **To be eligible to compete at the club championships, all competitors must have attended a minimum of SIX Sunday morning activities between the date of registration and the championships.** Attendance at local carnivals as a club representative is also taken into account when determining whether the minimum attendance requirements have been met.

If the Club Championships are postponed or delayed then the above rule still applies as children may have then obtained their minimum number of Sunday activities. During Club Championships NO water safety officer or official shall interfere or assist competitors. The club championship referee shall be the sole person to determine either a re-run or disqualification of either an event or competitor.

To be eligible to be the Age Champion, competitors must have competed in all four disciplines in the club championship program.

SURF EDUCATION

Surf education resources are designed to develop understanding, skill and values relative to Surf Life Saving and aquatic safety, management and education. The SLSA children's education program consists of three levels of learning. Each core level involves different learning modules and units. They are **Surf Awareness**, **Surf Safety**, and **Surf Smart**.

The Surf Education program:

- extends participants ideas and experiences about aquatic safety concepts;
- extends participants knowledge and understanding of:
 - safe beach and aquatic environments;
 - survival skills in the aquatic environments;
- explores interactions of safety services and aquatic environments;
- develops participants skills through the learning activities in a practical environment;
- develops and extends participants ability to perform basic first aid, resuscitation and rescue skills;
- enable participants to clarify the values about the activities in the Surf Life Saving community.

The Surf Ed program developed by SLSA is based on the following principles.

Participation: The notion that all children should be offered the opportunity to learn about Surf Life Saving and aquatic safety philosophies and methodology. Where possible they should experience samples of the activities, which are undertaken by surf life savers.

Social Justice: The notion that everyone should be given a fair go. This is particularly important when learning about surf life saving and during activities that may be part of an overall surf life saving educational package.

Environment: A supportive environment means one in which assistance is provided by parents, teachers, instructors, coaches, clubs etc., which promotes the development of surf lifesaving and aquatic safety education skills.

At Freshwater there are two types of educational activity - the annual **proficiency test** allows competitors to compete at carnivals and **Surf Ed** which is the SLSA's education program that all junior members from under 8's participate in and learn from.

WHAT IS PROFICIENCY?

For safety and development reasons, **ALL** junior activity participants who want to compete for the club in either beach or water competition at carnivals must successfully complete:

- A preliminary evaluation before entering the surf
- A run swim run before competing at carnivals
- A timed pool swim before competing in water events at carnivals and Sunday competition.

The preliminary evaluation **must be undertaken**, prior to commencing any junior activity, training or competition, and shall consist of the following:

AGE	SWIM	SURVIVAL FLOAT
U/8	25m swim any stroke	1 minute
U/9	25m swim any stroke	1.5 minutes
U/10	25m swim Freestyle	2 minutes
U/11	50m swim Freestyle	2 minutes
U/12	100m swim Freestyle	2 minutes
U/13	150m swim Freestyle	2 minutes
U/14	200m swim Freestyle	3 minutes

The Run Swim Run is one of the compulsory requirements for children wishing to compete at carnivals.

AGE	RUN / SWIM / RUN
U/8	Nil
U/9	50m run / 50m swim / 50m run
U/10	50m run / 100m swim / 50m run
U/11	50m run / 100m swim / 50m run
U/12	50m run / 100m swim / 50m run
U/13	100m run / 100m swim / 100m run
U/14	100m run / 100m swim / 100m run

All children wishing to compete in water events must complete the following pool swims in the specified times:

AGE	SWIM	TIME LIMIT
U/8	Nil	
U/9	200m Pool Swim	6 minutes
U/10	200m Pool Swim	6 minutes
U/11	200m Pool Swim	5 minutes
U/12	200m Pool Swim	5 minutes
U/13	200m Pool Swim	5 minutes
U/14	200m Pool Swim	5 minutes

****To be eligible to compete at carnivals in water events and/or attend board/swim training all children must be proficient and satisfy the requirements of the Run/Swim/Run and Pool Swim as detailed above.****

ALL preliminary evaluations, run swim runs or the time pool swims are to be supervised by the Education Officer, or a Qualified Examiner who from time to time the SNB JAC appoints.

JUNIOR COMPETITION AND EVENTS

All junior competition and events are run under the rules and regulations specified in the SLSA's Competition and Rules Handbook that is updated from time to time.

BEACH EVENTS:	Beach Sprints	All Age Relay
	Beach Sprint Relays	March Past
	Beach Flags	2 & 5 Person R&R
WATER EVENTS:	Surf Race	Junior Board Rescue
	Surf Teams Race	Senior Board Rescue
	Wade Race	Junior Cameron Relay Race
	Wade Relay Race	Senior Cameron Relay Race
	Board Race	Surf Board Riding 12's/14's
	Board Relay Race	Ironman / Ironwoman Race

Beach Sprints: These are individual races in separate lanes of 70m in length.

Beach Relays: Teams of four competitors in team lanes of 70m in length.

Beach Flags: Individual race from, face down start, to baton. There are fewer batons than the number of competitors in each race to eliminate competitors.

Surf Races: Swimming races for individuals or teams of four around the set of swimming buoys. Usually conducted from left to right. For 13's & 14's the distance from waist deep water is 120m. For 12's & 11's the distance is 100m and for 9's & 10's the distance is 40m. Under 8's do not do a surf swim.

Wading Races: Wading races are conducted for Under 8's. They are either individual or teams of four waders, and are usually conducted over 50m in waist to knee-deep water.

Board Races: These races are conducted in the same manner as the Swim Race; however the board turning buoys are a further 20m past the swimming buoys. This course is the same for individual and teams of three competitors for the board relay events.

JUNIOR COMPETITION AND EVENTS

- Ironman / Ironwoman:** This is an individual event and consists of a swim, run, board and run to the finish line. The event starts with either a swim or board leg which is determined by the referee on the day of the carnival.
- Surfboard Riding:** These events are held for all female and male competitors who want to ride either a short board or long-board and are held at the carnival venue usually the day before the SNB carnival. There are separate events for both male and female competitors in each age group.
- Cameron Relay:** A swim, run, board, run event for a team of four competitors. The course is similar to the Iron person event however the final run leg is a 90 metre run to the finish. Under 11's and 12's combine for the junior event and Under 13's and 14's combine for the senior event.
- Board Rescue Race:** The event consists of two competitors, a swimmer (patient) and board paddler (rescuer). The swimmer swims to the allocated swim buoy and signals to the paddler to rescue the swimmer from the seaward side of the swim buoy and then bring the swimmer back to the beach. There is a junior section for 11's & 12's. The senior board rescue is for 13's & 14's.
- March Past:** The team consists of twelve members of the junior club 8 years and up, and each club must nominate a March Past Team to be eligible to compete at carnivals. The team marches in a disciplined formation to the beat of march past music.
- R&R (2 person)** A team of two competitors executing the simulated disciplines of Rescue and Resuscitation, including patient pick up and CPR.
- R&R (5 person)** A team comprising five members executing team marching, and rescue drills, simulated recovery of a patient from waist deep water and simulated CPR.

FRESHWATER JUNIOR ACTIVITIES COMMITTEE BY LAWS

The Committee

1. There shall be a Junior Activities Committee which will be responsible through its Chairperson for the management and conduct of activities relevant to Junior Activities members.
2. The Junior Activities Committee shall consist of –
 - (i) the Junior Activities Chairperson, and
 - (ii) such other positions as may be identified by the Junior Activities Chairperson from time to time, and subsequently endorsed by the Executive committee, as necessary for the proper management and conduct of junior activities.
3. The Junior Activities Chairperson shall –
 - (i) be elected by the members at the Annual General Meeting of the club,
 - (ii) be a member of the Executive Committee, and
 - (iii) be responsible for ensuring other Junior Activities Committee positions are filled by suitably qualified people.
4. The Junior Activities Committee will conduct itself by, and be subject to, these Rules where applicable and any relevant Board Directives.
5. The Junior Activities Committee shall have the power to issue, rescind or amend Junior Board Directives relating to the management and conduct of Junior Activities.
6. Unless otherwise a member, all members of the Junior Activities Committee shall be honorary members of the Club.
7. The Junior Activities Committee shall meet within two (2) months of the Club's Annual General Meeting and thereafter at least once a month until the conclusion of the junior activities season or such other time as may be determined by the Chairperson.
8. The Junior Activities Chairperson shall ensure that minutes are kept of all junior activities committee meetings and must use his or her best endeavours to ensure that a copy of the minutes is made available at the next scheduled Executive Committee meeting.

Age Managers

9. For each season age managers for each age group from under 6's to 14's must be nominated and accepted by the Junior Activities Committee. From the under 9 to the under 14 age groups, there should be a nominated Water Manager and Beach Manager. For the 6's to 8's there should be as many age managers as is necessary to conduct matters in a safe and efficient manner.
10. The duties and responsibilities of Age Manager are as follows:
 - a. to regularly attend and manage weekly competition at Freshwater Beach;
 - b. to ensure that the attendance role is marked clearly and efficiently every Sunday prior to the commencement of the Sunday activities;

- c. to attend and manage the dedicated age group at all Sydney Northern Beaches Carnivals and from time to time special carnivals that the Club decides to compete at as a club group;
- d. to attend and manage the dedicated age group at the NSW State Championships;
- e. To select their age group members to represent the Club in nominated team events at carnivals, (taking into account the ability of each junior member and whether that junior member has attended organised club training activities); and
- f. Such other duties and responsibilities that the Junior Activities Committee determines from time to time.

Club Championships

- 11. No junior member shall be eligible to compete in any club championships unless they have attended and competed in the number of events as determined by the Junior Activities Committee. The onus of proof of attendance for the required number of events is upon the parents/guardian of the junior member and such proof must be established to the satisfaction of the Committee.
- 12. Points for the club championships events shall be allocated according to the allocation determined by the Junior Activities Committee, which shall be consistent with those allocated by the Club. Points will be allocated on the following basis:

1st place	60 points
2nd place	45 points
3rd place	30 points
4th place	15 points
5th place	10 points
6th place	5 points

- 13. For a junior member to be eligible to be awarded the overall age champion, at the club championships, they must have competed (to the satisfaction of the Competition Officer and Age Manager) in all 4 events (i.e. Beach Sprint, Beach Flags, Surf Swim and Board) for under 9's to 14's and (Sprint, Wade and Flags) for the Under 8's.
- 14. Any dispute concerning the eligibility of the overall age champion award at the club championships, must be submitted in writing to the Junior Activities Committee by the 18:00 on Sunday prior to the running of the championships. The Junior Activities Committee will not entertain any dispute after this time frame. Any such dispute will be determined by a majority ruling of the Junior Activities Committee provided that there is a minimum of three (3) members of the Junior Activities Committee making such determination.

15. In determining the eligibility of a junior member to compete in the club championships, it is within the discretion of the Committee to take into account any ill-health, injury or other relevant factor in reaching their decision. The onus of proof of such a matter is on the parent/guardian of such junior member and must be established to the satisfaction of the Committee.
16. The Junior Activities Committee will determine any dispute concerning the running or the result of an event at the club championships.

Other Responsibilities

17. The Junior Activities Committee shall be responsible for the security of all Junior Equipment.
18. The Junior Activities Committee shall determine the basis upon which equipment may be leased and or hired and purchased by Junior Members.
19. The Junior Activities Committee, Age Managers and parent helpers must at all times demonstrate duty of care.
 - a. all Junior Activities Committee members shall at all times act in the best interest of the Freshwater Surf Life Saving Club and the Junior Activities Committee
 - b. in the event that a Junior Activities Committee member does not so act, the Junior Activities Committee can remove any member from their position on the Committee.
20. Club training for registered members can only be authorised by the Junior Activities Committee.
21. The selection of junior members to represent the Freshwater Club at the NSW Junior State Championships shall be at the discretion of the Junior Activities Committee.
22. The Junior Activities Committee shall have the power to determine any matters that these by-laws do not provide for.

FRESHWATER JUNIOR ACTIVITIES COMMITTEE 2011/2012

POSITION	NAME	MOBILE PHONE	EMAIL
CHAIRMAN	DAVID KIELY	0421 279 425	david.kiely@macquarie.com
DEPUTY CHAIRMAN	SAM DI SANO	0407 652 217	sam.disano@gmail.com
SECRETARY	KAREN BLAKENEY	0412 626 959	karen.blakeney@ozemail.com.au
REGISTRAR	SHONA MALM	0417 690 540	shonamalm@optusnet.com.au
TREASURER	RICHARD HAWTIN	0404 827 420	richard.hawtin@raytheon.com.au
SPONSORSHIP COORDINATOR	JOSEPHINE WOLFF	0411 860 011	pj_wolff@yahoo.com.au
COMPETITION OFFICER	TIM MUNRO	0408 442 034	timothymunro@qantas.com.au
COMPETITION SECRETARY	LYNN DOYLE	0422 808 749	lbdoyle@optusnet.com.au
EDUCATION OFFICER	DAVID HURRELL	0411 190 911	david.hurrell@majortraining.com.au
WATER SUPERINTENDANTS	MIKE PARTIINGTON	0439 658 316	mpartington@leasedirect.com
	ANDREW CASEY	0413 859 968	acasey@adconconstruct.com.au
LAND SUPERINTENDANT	ROB DE GRUCHY	0412 883 794	robert.degruchy@rabobank.com
CARNIVAL SECRETARY	IAN MILLER	0410 501 666	
CLOTHING CO-ORDINATOR	LYSA KIELY	0405 305 420	dlkiely@optusnet.com.au
SOCIAL CO-ORDINATOR	TRACY THOMAS	0412 863 850	tracythomas@flysaa.com
FACILITIES & EQUIPMENT	SIMON HALE	0412 860 850	simon@growinginterest.com.au
BENNETT JUNIOR IRONMAN & BOARD CO-ORDINATOR	JULIA JACKSON	0408 229 559	julsjackson@gmail.com

FRESHWATER NIPPERS

AGE MANAGERS and TRAINERS 2011 / 2012

AGE	NAME	MOBILE PHONE	EMAIL
Under 6	ADRIAN TOOLE	0417 226 780	adriant@somerville.com.au
Under 7	NIGEL WICKHAM	0437 636 936	jenwickham@bigpond.com
	DAVID NEWHOUSE	0419 838 485	david@newhouse.com.au
Under 8	JAMES JACKSON	0409 309 490	jacksonj@bigpond.net.au
	DAVID WEBBER	0406 993 664	david.webber@raywhite.com
Under 9	PETER WOLFF	0419 290 839	peter@wolffdesign.com.au
Under 10	DAVID HURRELL	0411 190 911	david.hurrell@majortraining.com.au
Under 11	RICHARD HAWTIN	0404 827 420	richard.hawtin@raytheon.com.au
Under 12	MATT LONG	0411 562 039	matthew.long@philips.com
Under 13	ANDY JONES	0418 866 203	andy.jones.au@mac.com
Under 14	ELIZABETH MURPHY	0401 818 785	ehmurphy@bigpond.net.au
	ANDREW MURPHY	0413 741 225	andrew.murphy@lendlease.com.au
Board Training	TIM MUNRO	0408 442 034	timothymunro@qantas.com.au
March Past	BELINDA DOBSON	0411 085 554	bel.dobson@gmail.com
Swim Training	ANDREW McCAULEY	0413 514 810	amccauley@veritassecurities.com.au
R & R	CLARE FREAKLEY	0400 485 302	wandj@bigpond.net.au

NIPPERS CALENDAR OF EVENTS – 2011 / 2012

Calendar may be updated throughout the season, go to www.freshwaterslsc.com for up-dates

DATE	EVENT
OCTOBER 2011	
Saturday October 8	Proficiency Swim Testing (U/8-U/14's) at Warringah Aquatic Centre: 4.00pm to 6.00pm
Sunday October 9	Normal Nippers – First day for all age groups (U/6-U/14's) <ul style="list-style-type: none"> • Run/Swim/Run proficiency • U14 vote for Club Captains • Clothing Shop Open (8.15am – 9am)
Thursday October 13	Parent Information Evening 7pm to 8.30pm Information for new families and those returning to Freshwater Nippers, held in the hall of Freshwater Surf Club.
Sunday October 16	Normal Nippers <ul style="list-style-type: none"> • Clothing Shop Open (8.15am – 9am) <i>SNB Interbranch Selection Trial at North Curl Curl / Collaroy</i>
Sunday October 23	Normal Nippers <ul style="list-style-type: none"> • Clothing Shop Open (8.15am – 9am)
Sunday October 30	Normal Nippers <i>Bennett Junior Board Classic at Dee Why (U9-U14)</i>
NOVEMBER 2011	
Sunday November 6	Normal Nippers
Sunday November 13	No Nippers <i>SNB Junior Carnival at Manly</i>
Sunday November 20	Normal Nippers for U6 to U8 ONLY <i>Bennett Junior Ironperson (U11-U14) & Board at Freshwater (U9 – U14)</i>
Sunday November 27	Normal Nippers <ul style="list-style-type: none"> • Clothing Shop Open (8.15am – 9am)

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DATE	EVENT
DECEMBER 2011	
Sunday December 4	No Nippers <i>SNB Junior Carnival at Queenscliff</i>
Sunday December 11	Normal Nippers <ul style="list-style-type: none"> • Clothing Shop Open (8.15am – 9am)
Saturday December 10 Sunday December 11	<i>NSW Interbranch Championships at Redhead</i>
Saturday December 17	Twilight Nippers at 4pm - FAMILY CHRISTMAS PARTY; Santa & Entertainment
Sunday December 18 & 25	No Nippers
JANUARY 2012	
Sunday January 1	No Nippers
Sunday January 8	Normal Nippers
Sunday January 15	No Nippers <i>SNB Junior Carnival at Narrabeen</i>
Monday January 16 Friday January 20	Freshwater Nippers Challenge School Holiday Training Clinic
Sunday January 22	No Nippers <i>All Australian Nipper Carnival U11-U14 at Manly Beach</i>
Wednesday January 26	Australia Day Carnival at Freshwater Junior Club to run BBQ <ul style="list-style-type: none"> • Clothing Shop Open
Sunday January 29	Normal Nippers Club Championships (U8-U14); Water, Beach & Ironperson. (Back up date February 5)

NIPPERS CALENDAR OF EVENTS – 2011 / 2012

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DATE	EVENT
FEBRUARY 2012	
Sunday February 5	Normal Nippers <ul style="list-style-type: none"> • Clothing Shop Open (8.15am – 9am) (Back up date for Club Championships)
Sunday February 12	No Nippers <i>SNB Junior Branch Championships at Narrabeen</i>
Sunday February 19	Normal Nippers State Uniform Distribution at Freshwater Clubhouse up-stairs
Sunday February 26	Normal Nippers <i>(Branch Championships Back Up weekend)</i>
MARCH 2012	
Friday March 2	<i>NSW Age Championships at Kingscliff</i>
Saturday March 3	<i>NSW Age Championships at Kingscliff</i>
Sunday March 4	<i>NSW Age Championships at Kingscliff</i>
Saturday March 10	FINAL NIPPERS – TWILIGHT FAMILY FUN End of Season FAMILY FUN DAY; BBQ and Entertainment
Sunday March 25	Presentation Day (4pm)



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