



WATER SAFETY POLICY - PROCEDURES

8. NIPPERS – RUN SWIM RUN PROFICIENCY

[Applies to all run-swim-run for junior activity members]

1. Water safety supervisor to be supervising assessor or other authorised person such as water superintendent, age manager, education officer who is qualified.
2. Water safety supervisor needs to be at least 18, hold BM as a minimum and be proficient.
3. Water safety supervisor must undertake risk assessment prior to the run-swim-run taking place.
4. Water safety supervisor needs to ensure that –
 - Risk assessment documentation completed
 - Rescue equipment is available – can include boards/tubes/IRB
 - Participants confirm that they are ok to participate and that they are not carrying any injuries that may impact on their ability to participate in the run-swim-run.
 - Participants capable of coping with the conditions
 - Appropriate water safety personnel are present. Water safety personnel must be qualified (SRC or BM) and proficient and competent for the conditions.
5. If the risk assessment indicates a high risk, the run-swim-run must not take place.
6. A standardised risk assessment form may be possible but the variable nature and impact of the surf, wind and tide on safety together with the varying levels of competency of the participants means a standardised approach may not be considered appropriate in the event of an accident.
7. Water safety supervisor has to ensure that there is at least 1 nominated water safety person for each 5 participants. If a moderate risk is identified, the ratio is 1 to 4.
8. Water safety supervisor and personnel must wear identifying clothing – either a coloured cap or coloured rash vest with “Water Safety” on both sides. If patrol members perform water safety they must wear a red and yellow cap and patrol rash shirt with “Surf Rescue” on both sides. **The minimum number of water safety personnel (i.e. 1 for each 5 or 4 depending on**

risk assessment) must be in the water at all times the participants are in the water.

9. Water safety supervisor needs to consult with the patrol captain or lifeguard to determine where the run-swim-run is to take place. Patrol captain or lifeguard has ultimate authority to determine where the run-swim-run is to occur. Subject to minimum patrol requirements being met, excess patrol members can undertake water safety for the run-swim-run at the discretion of the patrol captain. **The patrol captain or lifeguard has responsibility to ensure that sufficient water safety is available for the events.**
10. If no patrol or lifeguard on duty, the water safety supervisor determines where the run-swim-run is to take place.
11. Water safety supervisor is to ensure that all completed risk assessment documentation is returned to the club for filing.