



Bronze Medallion Course at Freshwater

The Bronze Medallion involves learning a variety of skills including resuscitation, first aid, communications with handheld radios, signals, rescue techniques, patient carries and patrol teamwork. The next course at Freshwater starts on Tuesday 22nd February at 6.30pm.

Candidates must complete 400m pool swim in 8 minutes prior to commencing water activities.

To participate in Surf Life Saving activities you are required to show proof of vaccination.

SESSION DATES/TIMES:

Tuesday 22 February 6.30pm to 8.30pm Introduction, Dry Skills

Saturday 26th February 9.00am to 12.00noon Wet Skills

Tuesday 1st March 6.30pm to 8.30pm Dry Skills

Saturday 5th March 9.00am to 11.00am Wet Skills

Tuesday 8th March 6.30pm to 8.30pm Dry Skills

Saturday 12th March 9.00am to 11.00am Wet Skills

Tuesday 15th March 6.30pm to 8.30pm Dry Skills

Saturday 19th March 9.00am to 11.00am Wet Skills

Sunday 20th March 9.00am to 11.00am Wet Skills

Tuesday 22nd March 6.30pm to 8.30pm Dry Skills

ASSESSMENT: SATURDAY 26th March 8.00am – 12 midday

To enrol in this course, you must be available for all these dates

All candidates must join the club and pay the appropriate fees no later than Monday 21st February

COSTS:

Active members over 18 - \$395.00

Active members 15-17 \$295.00

This includes all relevant training equipment, online learning materials and resuscitation mask.

NOTE: All our trainers and assessors are volunteers.

COURSE PROGRAM

Tuesday 22 February 6.30pm – 8.30pm

Ensure all course paperwork complete, assist candidates to enrol in the online learning, club induction and tour. Commence Training in Dry Skills.

Dry Skills evenings cover resuscitation, first aid, radios, patrol operations theory

Wet Skills weekends sessions cover surf skills, Board and tube rescues, patient carries

What to Bring:

Dry Skills: Mask Pen, paper, food/snacks

Wet Skills: Cozzies, wetsuit, towels, water, sunscreen, food/snacks

For more information about becoming a member and enrolling please contact:

Lindsay Davis (Mrs)

M 0411 951 706

E education@freshwaterslsc.com