



BARNEY MULLINS SWIM CLASSIC

The annual Barney Mullins Swim Classic was held on Sunday 19th March. We were met with glorious conditions early in the morning, which no doubt helped us with a flood of late entries, as people poured through the doors to the clubhouse to register and enter. We had 497 entries for the swim, with 101 of those entering on the morning.

Swimming conditions were awesome throughout the race, with a water temperature of 24 degrees and great, clear visibility. The course was set a touch longer than the advertised 1.5km, at around 1.75km, but ocean swimming is all about the challenge, so no one seemed to mind.

We had a good turnout of club members swimming as category swimmers as well as those who jumped in at the back of the pack.

A big thank you to all the fabulous Freshwater SLSC members and their families for helping on the day making for a memorable and successful event.

Of course, this event's success was also attributed to the support of our sponsors.

Special thanks to our major sponsors, Community Bank Freshwater – for their generous donation of swimming caps again and Supamart IGA Freshwater for the fabulous array of hydrating post-race fruit, which was greatly appreciated by the swimmers. It was also great to see the new Harbord Diggers donated IRB in action with our water safety crew.

We had fabulous prizes for the winners of each category filled with vouchers and gifts from Harbord Hotel, Supamart IGA, Titan Ford, Budgy Smuggler, Community Bank Freshwater, Upstate, Capstone Recruitment, Grill'd and Cryo Freshwater. Thanks again to all our wonderful sponsors for their continued support.



Our fastest male overall was Freshie club member was Liam Lehane (pictured left) in a time of 19m:51s and our fastest female was Jeanette Brits in 20m:54s. Liam also took out the under 18 category (obviously) and Jeanette the over 60s!

Liam also won the coveted Barney Mullins Shield for the second year running.

Great effort from Liam!

BARNEY MULLINS PHOTOS



BARNEY MULLINS PHOTOS





ANNUAL CLUB SERVICE AWARDS

A reminder to all members that they are encouraged to put forward their nominations for Club Service Awards (refer to By-Law 10). This is the opportunity for you to recognise a fellow member for the contribution that they have made to the Club – it may be a sole or multiple contribution during this current season or over a number of seasons.

The Club's Awards Panel has the responsibility for the receipt and assessment of nominations and for making recommendations to the Executive Committee in relation to all of the awards, with the exception of the Distinguished Service Award. Recommending the recipient(s) of this award remains the responsibility of the club Honours Panel.

Nominations can be sent to the Executive Officer C/- executiveofficer@freshwaterslsc.com or sent or given to any of the Awards Panel members – Kris Burrows, Janet Rickard, Julia Baker, Kevin Crow and Scott Morrison.



IMPORTANT DATES FOR YOUR CALENDAR

ANNUAL AWARDS EVENING SATURDAY 27 MAY

Our Annual Awards Evening will be held at the Club on the evening of Saturday 27 May, 2023. Stay tuned for further information about timing and ticket sales.

ANNUAL GENERAL MEETING SUNDAY 25 JUNE

The 114th Annual General Meeting of the Freshwater SLSC will be held at the Club on the morning of Sunday 25 June from 10am.

BRANCH NEWS NEW CEO - SLSSNB

Surf Life saving Sydney Northern Beaches have announced the appointment of Tracey Hare-Boyd as the new Chief Executive Officer for the Branch. Tracey will take up the new role from April this year and step down from her current role as President SNB. Tracey has been acting in the dual roles of SNB Branch President and CEO since 2020 following the resignation of the former CEO.

After an extensive search, Tracey's corporate, organisational and surf lifesaving experience was deemed the highest of levels required for the largest SLS Branch in Australia. Tracey brings 20+ years of operations management experience to the role as well as strong events and project management capabilities, leadership, communication and interpersonal skills, advanced administrative, organisational and time management skills.

We wish Tracey well in her future role.



VINTAGE DOUBLE ENDER SURFBOAT INSTALLED IN THE HERITAGE ROOM

By Eric Middledorp and Dave Inches, Freshwater SLSC History Committee

After many years, it is exciting to see Kim and Leanne Marsh's 1947 Double Ender Surf Boat, finally installed in the Club's Heritage Room, which was designed specifically to display this beautifully crafted boat.

The image below shows the magnificent Double ender about to be hoisted to the Heritage Room ceiling (with Ian Cradock, Toby Hines, Alan Perry Mitchell Renouf, Cody Reeves, Nathan Perry and Eric Middledorp)



GOOD LUCK TO ALL THE FRESHWATER COMPETITORS THAT ARE HEADING WEST THIS WEEK TO COMPETE AT THE 2023 AUSTRALIAN CHAMPIONSHIPS IN PERTH.

The gear is safely on its way to Perth after packing the Aussies container with the Queenscliff club last week.

Also well done to our President, Michael Bate on his selection as the Deputy Australian Referee for the Open and Youth championships this year in Perth.



Freshie shop is back in-house.
<https://shop.freshwaterslsc.com/>

FRESHIE MERCHANDISE AND UNIFORM SHOP

After a season of outsourcing our uniform sales, we have decided to return all stock and sales to in-house.

The stock is all back at the club and ready to purchase from the Freshie online shop. Pick up from the club during office hours. We cannot offer postage at the moment.

There are lots of discounted items available as we prepare to stock-take and start ordering for next season - so jump online and grab a bargain!



FACILITIES UPDATE

CARE TAKER POSITION

The Club has received a number of applications for the position of Caretaker. The EC is currently reviewing those applications and working through a selection process.

CLUB BAR

Some final touches have been added to the new bar that make the area efficient and practical for our new Bar Manager - Club member Dave Inches.

HERITAGE SURF BOAT

As per the earlier report, a heritage surf boat owned by the Marsh family has been installed in the Heritage Room. The boat is a welcome addition to the club's collection of heritage items. Make sure you drop by to admire this magnificent piece of craftsmanship.

GYM IMPROVEMENTS

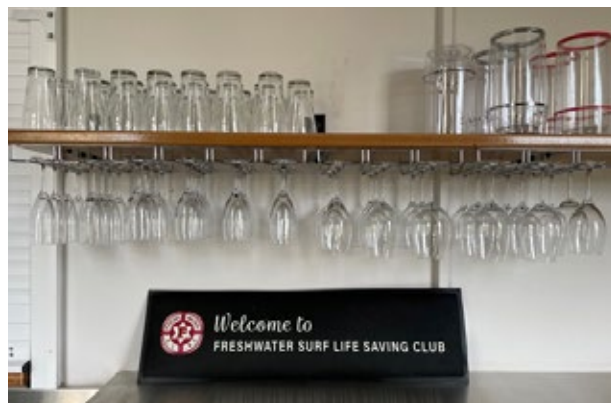
The initial improvements have commenced in the gym. Club Member Alex Malm is taking responsibility for enhancements and additions. So please reach out to Alex if you have any suggestions.

MAJOR WORKS

Work continues on the design and preparation of a Development Application for a major project to improve the club building. Council have advanced their own design for the parkland reserve and have now developed an integrated design for the perimeter of the surf club building.

Council have agreed to fast track the construction of new public amenities in the parkland to remove them from the club building.

If you have any questions or suggestions in regard to the club facilities, please email Michael Kirkby, Director of Facilities (facilities@freshwaterslsc.com)



Three Seagulls



Don't forget to drop into Three Seagulls for a coffee on your way to the Club.

5 cents from every coffee sold is donated to the Club!

Thank you to Dan England (owner) pictured here with our Director of Sponsorship, Kimberley Dales for the \$1,561.30 donation received in February.



FRESHIE NIPPERS PRESENTATION DAY

The Junior Club celebrated the end of the season with the Annual Presentation Day on Saturday 18 March. The awards were presented to Nippers, Parents and Volunteers for contributing to a successful season. This was followed by a barbecue and thank-you event for our wonderful volunteers including Age Managers, Water Safety and Officials.

Highlights included the Grant Coates award for Best Water Competitor to Harry Ayers, the Sam Kiely award for Excellence in Land to Kayla Davies, the Perc Stirling award for Outstanding Sportsmanship to Olivia Lombardini and the John Cahalan award for Junior Activities Member of the Year to Ewan Humphreys. Congratulations to all award winners!



John Cahalan - Jnr Activities Member of the Year:
Ewan Humphrey



Grant Coates Award for Best Water Competitor -
Harry Ayer and presented by Grant Coates!



Perc Stirling Award for Outstanding Sportsmanship-
Olivia Lombardini



Chairman's Award winners:
Harry Burrough, Flo Warren and Emily Isaacs

BILGOLA U8 NIPPER CARNIVAL

On Saturday 18 March five of our U8's headed up to Bilgola Beach for a Branch run carnival just for U8 Nippers!

The idea behind the event was to give our future U9's a taste of competition and experience carnival conditions in a fun and relaxed atmosphere.



Our Freshie Nippers had a fantastic morning participating in sprints, flags, an obstacle course and finished off with a wade at the end. There were big smiles all around and our Nippers all agreed that carnivals especially with friends and lollies are super fun!



**CONGRATULATIONS TO OUR LATEST BRONZE MEDALLION CANDIDATES
FOR SUCCESSFULLY PASSING THEIR ASSESSMENT THIS MONTH.**

Justin Amos, Mark Barnett, Mehdi Blanchard, Harriet Cotton, Laura Davies, Ashley Higginson, Jackson Quarrell, Aaron Regan, Andrew Rowe, Eytan Yi Heng See, Matt Starr, Victoria Veitch and Brian White.

SLSNSW STATE TITLES RESULTS

AGE CHAMPIONSHIPS

1ST

U12 Male Board Rescue

Harry Ayer and Brad Nitz

U13 Female Beach Flags

Kayla Davies

3RD

U9 Mixed Beach Relay

Emily Little/Heidi Dunn/
Ethan Taylor/Archie Regan

U11 Female Beach Relay

Marley Capogreco/Sophie Yeates/
Piper Brenchley/Jamie Boucher

U12 Female 1km Beach Run

Amelia Mandalinic

4TH

U11 Female Board Relay

Piper Brenchley/Jamie Boucher/Florence Warren

U11 Female Surf team

Piper Brenchley/Jamie Boucher/
Florence Warren/Darcey Herd

U11 Female 1km Beach Run

Darcey Herd

U12 Female 2 x 500m Beach Run Relay

Amelia Mandalinic/ Lexie Tague

U12 Male Iron Person

Harry Ayer

5TH

U9 Male Mixed Beach Relay

Ethan Taylor/Nic Hill/Archie Regan/ Tom Yeates

U12 Male Board Relay

Harry Ayer/ Brad Nitz/ Toby Murchison

6TH

U9 Female Beach Relay

Emily Little/Heidi Dunn/Grace Tague/Mia Jessop

U11 2 x 500m Beach Run Relay

Ginger Wessling / Darcey Herd

U14 Female Beach Relay

Charlie Braund/ Emma Garden/
Florence Veitch/ Olivia Lombardini



Congratulations to our Gold Medallists! Harry and Brad in the U12 Male Board Rescue and Kayla in the U13 Flags



BRONZE MEDALLISTS - STATE AGE CHAMPS



U12 Female 1km Beach Run
Amelia Mandalinic



U11 Female Beach Relay
Marley Capogreco/Sophie Yeates/
Piper Brenchley/Jamie Boucher



U9 Mixed Beach Relay
Ethan Taylor / Emily Little/
Heidi Dunn / Archie Regan

SLSNSW STATE TITLES RESULTS

LIFESAVING

1ST

U17 Champion Patrol

Izzy Stapf-Giannakis/Joshua Orr/
Kirra Budd/Lily Barnett

Open First Aid

Julia Baker/Tahlia Dearden

U19 First Aid

Bella Gallo/Luke Thornton

U17 First Aid

Liam Lehane/Izzy Stapf-Giannakis



U17 Champion Patrol - Gold for Izzy, Kirra, Lily and Josh

2ND

Open First Aid

Cheryl White/Kelly Dobrow

U19 First Aid

Liam Lehane/Izzy Stapf-Giannakis

U17 First Aid

Mabel Hancock/Elani Plummer



Open First Aid - Gold for Tahlia & Julia, Silver for Cheryl and Kelly

3RD

U19 Male Champion Lifesaver

Luke Thornton

U19 First Aid

Mabel Hancock/Elani Plummer

4TH

Open Female Champion Lifesaver

Emily Thornton

5TH

U17 First Aid

Freshwater White: Joshua Orr/
Lily Barnett

6TH

U17 Male Champion Lifesaver

Joshua Orr



U17 and U19 First Aid with Cheryl, Kelly and Lindsay

SLSNSW STATE TITLES RESULTS

MASTERS

1ST

40-44 yrs Male Double Ski
Tim Jacobs / Gaven Needham

45-49 yrs Male Surf Race
John Landells

60-64 yrs Male Surf Race
Dave Bredeson

60-64 yrs Male Rescue Tube
Dave Bredeson

65-69 yrs Male Surf Race
Paul Stormon

65-69 yrs Male Rescue Tube
Paul Stormon

65-69 yrs Male Board Race
Phillip Bird

130 yrs min Male Board Relay
Simon Phin / Gaven Needham / Tim Jacobs

170 yrs min Male Surf Teams
John de Mestre / Andrew De Vries /
Dave Bredeson

2ND

55-59 yrs Male Board Rescue
Michael Kirkby / John de Mestre

65-69 yrs Male Single Ski
Stephen Bennett

65-69 yrs Male Double Ski
Stephen Bennett / Steve Davis

170 yrs min Male Taplin
Phillip Bird / Michael Kirkby / John de Mestre

3RD

45-49 yrs Male Board Race
John Landells

50-54 yrs Male Double Ski
Simon Phin / Michael Kirkby

65-69 yrs Male Double Ski
Paul Stormon / Phil Fagan

70+ Male Surf Race
Alan Burns

70-74 yrs Male Rescue Tube
Alan Burns

130 yrs Male Surf Teams
Tim Jacobs/John Landells/Donny Richmond



130 yrs Male Board Relay - Gold for Simon, Tim and Gaven



65-69 yrs Male Double Ski - Silver for Stephen & Steve. Bronze for Paul & Phil



SLSNSW STATE TITLES RESULTS

MASTERS continued

4TH

50-54 yrs Male Board Race

Simon Phin

50-54 yrs Male Single Ski

Simon Phin

55-59 yrs Male Board Race

Michael Kirkby

65-69 yrs Male Ironman

Paul Stormon

65-69 yrs Male Board Race

Paul Stormon

170 yrs Male Board Relay

Michael Kirkby/Phillip Bird/John Landells

5TH

45-49 yrs Male Ironperson

James Coates

50-54 yrs Male Ironperson

Simon Phin

55-59 yrs Male Ironperson

Michael Kirkby

60-64 yrs Female Surf Race

Shanny Dyer

130 yrs min Male Taplin

Tim Jacobs/John Landells/Donny Richmond

150 yrs min Male Surf Teams

Simon Phin/James Coates/Paul Stormon

6TH

150 yrs min Male Taplin

Simon Phin/Gaven Needham/Andrew De Vries

45-49 yrs Male Ironperson

John Landells

MARCH PAST

5TH

Open March Past

Sue Walmsley, Janet Rickard, Lysa Kiely, Wendy Quail, Lisa Tyrrell, Libby Murphy, Jane Freakley, Naomi Donohue, Lindsay Davis, Judith Bennett, Rachel Needham & Cheryl White



SLSNSW STATE TITLES RESULTS

OPENS

SURF BOATS

1ST

240 yrs min Male Surf Boat

Mark Williams / Bryan Weir/ Marc Bindner
Carl Quitzau / Nathan Perry (S)

4TH

23 Women

Ela Cornwell / Caitlin Doyle /Cheyenne Hayes/
Kelsey Crawford / Scott Morrison (S)

6TH

19 Women

Elani Plummer / Mabel Hancock / Natalie Perry
/ Bella Gallo / Nathan Perry (S)



240 yrs Male Surf Boat - Gold for Mark, Bryan, Marc, Carl & Nathan

R&R

1ST

Open Mixed 5 Person R&R

Clare Freakley / Jane Freakley /
Jarrad Freakley / Wayne Freakley / Chris Tyrrell

Open Male 5 Person R&R

Seb Di Sano / Ian Donald / Jarrad Freakley /
Wayne Freakley / Chris Tyrrell

Open 2 Person R&R

Clare Freakley / Jane Freakley



U17 & U19's with Ian Coates

3RD

Open 6 Person R&R

Andrew de Vries / Clare Freakley / Patrick Kiely
/Chris Tyrrell / Hugo Weston / Seb Di Sano

Open 2 Person R&R

Julia Baker / Tahlia Dearden

CADETS

6TH

U15 Female Surf Team

Elyse Coates / Ava McGettigan /
Alina Beesley / Georgie Nitz



U15 & U19's with Super Coach Coatesy

HARBORD HOTEL

What's on at your local



FRESH COMEDY

Wednesday 29 March | 8pm

A monthly showcase of local and international comics, presented by The Comedy Store.

\$25 tickets, 8pm start!

Tickets available on our app and website.



CHUTNEY | HOMEGROWN

Friday 31 March | 8pm

Together with Young Henrys we bring you a monthly showcase of the best up and coming talent. Don't miss Chutney with special guests Silky Roads and Love Drunk Hearts.

\$10 tickets + FREE can of Young Henrys Newtowner

Tickets available on our app and website.

HARBORD HOTEL

What's on at your local



BARNEY COOLS DJS

Sunday 9 April | From 5pm

Don't miss a very special Sunday session this Easter Sunday with six hours of fun from Barney Cools DJs who are on a mission to share good times.

\$10 tickets + a FREE White Claw on arrival

Tickets available on our app and website.



ANZAC DAY

Tuesday 25 April | 10am

Harbord Hotel is renowned for being the best place to meet up with mates on ANZAC Day and has been proudly hosting the best games of two-up for decades.

Our ANZAC Day features cracking live tunes and our famous carpark BBQ. This year, to pay respect to our fallen heroes we have a special marching band here to parade through our crowds.



Q&A WITH OUR SPONSOR HARBORD DIGGERS

WHAT DOES IT MEAN TO YOU TO BE A SPONSOR OF THE FRESHWATER SLSC AND ITS COMMUNITY?

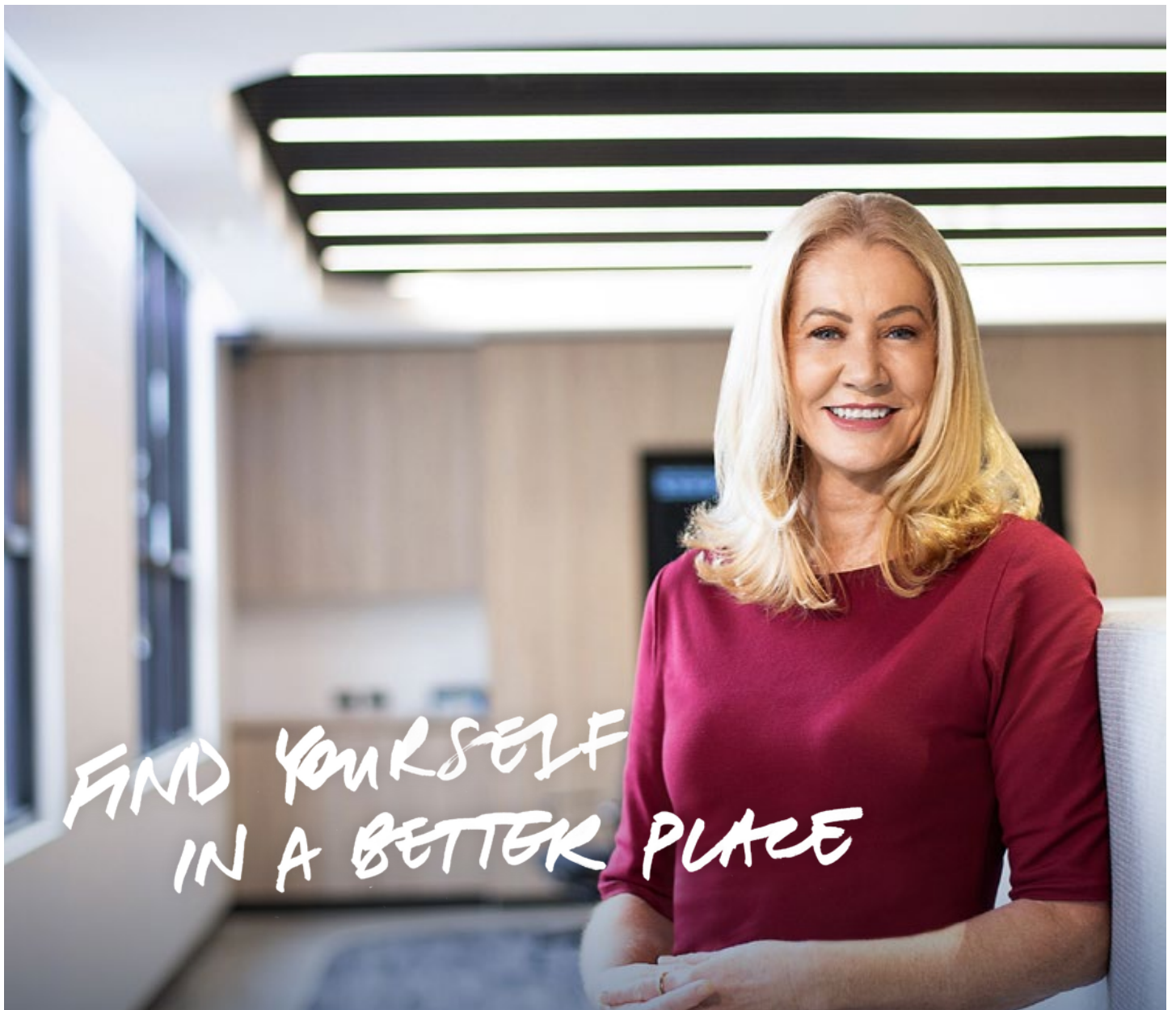
Harbord Diggers has a long rich history with Freshwater SLSC and we have always placed enormous value in our partnership together. With just a few hundred metres separating the Club and the beach, we are close neighbours who share a passion for improving lives of our members and community. As a profit for purpose organisation, it is so wonderful to be able to provide funds or equipment that help the club to continue its amazing work – whether that be through the world-class nippers program, training our young local athletes or protecting the hundreds of thousands that flock to the best beach in Sydney.

We are in awe of the hard work and dedication it takes.

WHAT IS IT ABOUT YOUR BUSINESS IN THE COMMUNITY THAT BRINGS YOU JOY?

Harbord Diggers prides itself on creating a thriving intergenerational community hub for our members and guests to enjoy. Whether that be through our world class food and beverage options, offering a multitude of cafes and restaurants to share experiences, or our live music and events lineup that keeps our guests entertained. We are also thrilled to offer a variety of Health & Wellbeing operations including Gfitness Freshwater, Carlile Swimming, Rebound Health, Cryo Stay Young, Urban Beauty, The Beach Club Hair & Lifestyle and Mounties Care Integrative Health Clinic. This new approach to club offerings has resonated with our community with over 80,000 members now calling Harbord Diggers, their club.

But the one thing that fills us with the most pride, as a profit for purpose organisation, is seeing our success directly benefit community organisations in need. Last year, this saw Mounties Group provide nearly \$10million in direct contributions to organisations through our club grants program supported by additional donations, sponsorships and community events.



**List your property for sale with
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To find out more and to discover what your property is worth in the current market conditions, call your Freshwater area specialist.

*For full details contact Mary Anne on 0411 773 646.



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