



OCTOBER 2023

FRESHIE SLSC

All the latest news from your favourite club.



 WWW.FRESHWATERSLSC.COM

— Things to Check Off

Make sure you get the following 'admin' tasks ticked off so you don't miss out!



Membership Renewals Due

RENEW MY MEMBERSHIP

Junior registrations are now closed.

Senior registrations will attract a **late fee** post 30 Sept. All renewals are to be completed on-line through the [SLS Members Area](#). Please ensure to make payment for your fees at the same time as completing your membership renewal.



Competition Levies Due

PAY MY COMP LEVY - FRESHIE SHOP

There will be a slight increase in competition levies for the senior section this season. This is a result of an increase in carnival entry costs to the club.

15 - 19 Years - \$100

Opens & Masters - \$125

We cannot enter you into carnivals until your levy is paid.



— Competition

Freshie Takes Coolangatta

—Steve Bennett



The Freshwater team travelled to Coolangatta once again to participate in Surf Life Savings iconic endurance event the **Coolangatta Gold**.

This year saw a larger Freshie contingent from youth, under 19's and Masters with a combination of individuals and teams competing. All competitors elected to do the short course which comprises of a 10.5 kilometre Ski Paddle, 2 kilometre swim, 3 kilometre board paddle and a 5.5 kilometre run a total of 21 kilometres. The youth challenge is a 350 metre swim, 450 metre board paddle and total run distance of 800 metres.

In the over 60's the man who loves train **Michael "Killer" Kirkby** finished a close second to the race leader and has started training for next year already. In his first attempt **Liam Lehane** finished a very creditable 7th and loved every minutes of the race and the weekend. In the over 50's we were well represented by **Chris Pendray, John Landells** and **James Coates** who proved that they were not over the hill yet and all finished strongly which is a feat in itself. Coatesy was seen even eating a meat pie in the run leg to help get him to the finish.

We had 3 teams in the 190 plus :

Freshie Maroon finishing 4th – Scotty Carpenter , Simon Phin who proved he could swim more than a kilometre, Gav Needham and Ian “Crash’ Craddock combined to just miss out on the podium.

Team Freshie 4 finishing 5th – Alex Corner, Jo Kirkby, Shanny Dyer and Louise Bochner who once again showed that they can mix it with the best of them.

Fresh Watermen finishing in the top 10 – Steve Bennett, Paul Malinkovic, Paul “the General” Storeman and Stevie Davis. The evergreens just keep at it and great to see Paul Malinkovic put on the goggles at short notice.

In the youth Challenge we had 3 individual competitors . **Piper Brenchley** finished 16th in the under 12’s, while in the under 13’s **Amelia Mandalinic** finished 20th followed by **Holly Pinnuck** 21st which was a great performance by the girls in large and competitive fields. It was fantastic to see the young guns there as part of the team and from all accounts the weekend has inspired them to come back for next years event.

Kelly Marsh could not resist having a crack at the 15 kilometre down wind ski race and jumped on her ski and rounded out a big day on the beach for Freshie. Well done to everybody and fantastic to see the spirit in the team and everybody enjoying the challenge of the event.

With a team of this size and variety of events it requires a strong support crew. Thanks to Master Driver Michael Bate for the massive effort of driving the trailer back and forward in our Titan Ford sponsored Ranger Ute listening to every Elton John song ever sung. Surf boat “Guru” Nathan Perry proved to be the man of the moment and was able to arrange on short notice some urgent repairs to our gear trailer. On the beach thanks to our handlers, support paddlers, and land crew who without you it would not be possible to compete.

Post racing the team were kindly invited to drinks and dinner at Freshie Legends Ian and Sue Hanson’s Ponderosa and it was great to catch up with them along with their children Troy and Brooke and club stalwart Jimmy Newman who all shared their stories of the Freshie Family. Thanks Hanso and Susie for a great night.

Wow !!! - what a top weekend and there is no doubt this event will continue to be popular in our Club Calendar.



FRESHWATER SLSC



BENNETT

SURF LIFESAVING

FAST & FURIOUS

JUNIOR BOARD & IRON PERSON CARNIVAL



SUNDAY 26 NOVEMBER 2023

U9-U14 BOARD RACING AND IRON PERSON

WIN ONE OF 4 BENNETT BOARDS

JUST BY ENTERING!

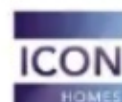
ENTRY VIA SEMS

REGISTRATIONS CLOSE 20 NOVEMBER



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Our Best. Everyday.



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Freshwater

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www.freshwaterslsc.com



START PRE-SEASON

WATER TRAINING

TODAY

U14s - Opens
No Experience Required
Join the chat for updates
bit.ly/trainingsquadchat

Training Times
-October Onwards

MON 5:45PM Board

TUE 5:45PM Board

WED 5:45PM Iron Person

THU 5:45PM Board

SAT 7:00AM Ski

SAT 8:00AM Board

SUN 7:30AM Ski

For any questions, contact our
Director of Surf Sports James
Coates

NEW

PILATES MAT CLASSES

@ FRESHWATER SLSC

11AM EVERY TUESDAY AND THURSDAY
DM TRISH FOR MORE DETAILS 0413 800 228



— Community

NORTHERN BEACHES COUNCIL - Tim Kirkby Dedication

In memory of our esteemed member Tim Kirkby, Northern Beaches Council have dedicated the lookout seat on the northern side of the club house in memory of Tim. Council supported the recent request from Tim's wife Emily and with the unanimous support of the Council lifeguards, the Council erected the memorial plaque last month as a permanent reminder of Tim's contribution to Freshwater.

Next time you are at the club, take some time out to sit down on the lookout seat with Tim and reflect on his wonderful life.



Director Finance / Club Treasurer

The Executive Committee are still seeking nominations from suitably qualified applicants for the role of Finance Director / Club Treasurer. The club has handed over the Finance role to our book keeper for the time being, but we need a qualified Financial expert to fulfil the vacancy on the Executive Committee. Like to know more? Contact the club's Executive Officer, [Richard Hawtin](#) or the Club President [Michael Bate](#).

SUNDAY SURF RACES

STARTING 29TH OCTOBER - 11AM ON THE BEACH

Seeking an Event Assistant

Our Executive Officer, Richard Hawtin has done a fabulous job over the years, organising carnivals at Freshie. He is seeking volunteers that would be keen to assist him in the organisation of the Freshwater Open Carnival, hosted by Freshwater in January each year.

Last year, this event attracted over 850 top competitors from all over Australia and we are once again excited to be partnering with Summer of Surf.

If you would be keen to assist Richard organise this amazing event, please send him an email (executiveofficer@freshwaterslsc.com). It is a great way to get involved, assist the club, make new connections and gain event management experience.



Freshwater Surf Club Masterplan

There has been a lot of publicity over the last few weeks, announcing that Freshwater Surf Club had lodged their long awaited DA for the Club's new masterplan and upgrade.

This has been the culmination of many years of work by a dedicated team of Club members, with the support of Northern Beaches Council.

The club will be holding information sessions for members of the community and members are welcome to attend to learn more about the upgrade.

Click [here](#) to view the DA application.

— What's On At Freshie

There's plenty of exciting things happening around the club this month so look out on the website and our socials to keep up to date!

Freshie On Fridays!

Put it in your diaries! Freshie on Fridays is becoming an institution! Be institutionalised and enjoy the company of your fellow members.

Don't get FOMO! Be there!



Our next Freshie on Fridays event will be on 24th November - come down for a refreshing drink, a feed and a laugh with a few legends.

Grab your goggles...Sunday Surf Race is Back!

Come down at **11am tomorrow Sunday 29th October** to join our wonderful Ross Parry, honorary handicap manager, for the first Freshwater SLSC swim and board race of the 2023/24 season!

Events Happening in November



FRI 3
**NIPPERS
PARENT SOCIAL**


SAT 4
**FRESHWATER
BOAT CARNIVAL**



SAT 11
**SNR
PROFICIENCY**


SAT 11
**NIPPERS CLUB
CHAMPS RND 1**


SUN 19
**SNR
PROFICIENCY**


FRI 24
**FRESHIE ON
FRIDAYS**


SAT 25
**FRESHWATER
MASTERS**


SUN 26
**NIPPERS FAST
AND FURIOUS**

Visit the 'What's On' page on the Freshie website for regular updates, or refer to the season calendar for upcoming events.





Manly Open Body Confidence Workshop

Who: Females from ANY sport aged 12+

Where: Manly SLSC

When: Thursday the 18th of January

Time: 4:30pm - 6pm

Cost: \$60 or \$30 for competitors

Purchase tickets at
www.kamanacommunity.com



If you are competing in the Shaw and Partners Summer of Surf Manly Open tickets are 50% off! Thanks to Shaw and Partners

KaMana is a program that empowers female athletes and active women to build confidence and reach their potential



Interested?

We would love to organise a group Freshie women and girls to go along together!

Once you've purchased your ticket, email Tamsyn Curley, our Youth Services representative, to let her know and join the group.

[Click here to email Tam](#)

Freshie Uniform Shop

The Freshie Merch team have been very busy packing orders with our 2023/24 season kicking off!

Please keep them coming especially if you are a new junior member. The queues to purchase uniforms can be long in the first few weeks of Nippers so we highly recommend ordering online.

You can pick up from the Club office or flat rate postage is \$13.

[**CHECK OUT THE SHOP HERE**](#)

**Have you seen our new Tees?
HAND ILLUSTRATED AND DIGITALISED
KIDS AND ADULT SIZING \$25!**



— Education News

Proficiencies

Sat 11 November @ 8.30am (dry then wet)

Sun 19 November @ 12 midday (dry then wet)

There is a requirement to register your attendance at the Skills Maintenance to ensure we have sufficient Assessors. Register through the Members Area at members.sls.com.au

Note: You must complete the 2023 Skills Maintenance module in the e-learning of the Members Area prior to attending the practical assessments.

[CLICK HERE FOR INSTRUCTIONS](#)

Freshwater members can attend a Skills Maintenance practical session at South Curl Curl, Queenscliff or North Steyne if any of the above dates are not suitable.



Upcoming Courses

First Aid Certificate (HLTAID011)

Saturday 28th October at Freshwater
9am - 4pm.

If you are interested in completing this course or have any questions regarding other courses, please contact our Education team.

[Click here to email Education](#)





— *Patrols*

The patrolling season is well and truly underway now!

Thank you to the many volunteers that step up each weekend to help keep Freshie safe. Patrol rosters are posted in the Members Area on the SLSA website and also on our [Club website](#).

Please notify your patrol captain & [David Price](#) asap if you don't plan to return to patrols

If you still need to complete your Bronze proficiency for the 2023/24 season, you must register for one of the remaining sessions as soon as possible.



Substitute Requests

We have a number of requests for patrol substitutes. To see if you can help cover any of these requests please go to the [Member's Area](#) on the SLSA website, select "Patrols" and then select "Patrol Swap". Click on "I can do this" to accept the sub request.

If you need a sub, please request a sub via the 'Patrol Roster' section of the Member's Area. While doing so, please review the existing requests because those people with existing requests are likely to be the best opportunity for a swap.

Please ensure you also let your patrol captain know.



— *Sponsors*

Thank You Titan Ford!

Since the last newsletter, the club has taken delivery of the new Titan Ford vehicle for the 2023 /24 season. Its hard to miss this outstanding new Ford Ranger and like last season's vehicle it is for sale at the end of the summer season with a great discount price attached. Last years vehicle was picked up by Nathan Perry our senior boat sweep at a great discount to new car price.

Like to know more.. ask any EC member for details or speak with Nathan.

RECEIVE 15% OFF
SELECTED HOUSE
BEVERAGES 7 DAYS A
WEEK + 15% OFF
FOOD MONDAY —
THURSDAY.

HARBORD HOTEL

YOUR CLUB CARD IS NOW ON OUR APP!

HOW TO GET YOUR CLUB CARD

1. DOWNLOAD THE HARBORD HOTEL APP FROM YOUR PREFERRED APP STORE. SCAN THE QR CODE BELOW ON YOUR CAMERA APP TO DOWNLOAD.



2. TO SIGN UP, CLICK THE ICON ON THE TOP RIGHT

3. CLICK 'LINK YOUR MEMBERSHIP' AND FOLLOW THE PROMPTS

4. HEAD TO OUR MAIN BAR AND ASK FOR YOUR CLUBS QR CODE

5. HEAD TO THE 'QR SCANNER' BUTTON ON THE APP TO SCAN. THIS WILL ASSIGN YOU AS A CLUB MEMBER AND ALLOW YOU TO RECEIVE SPECIAL DISCOUNTS.

OUR STAFF WILL HELP YOU WITH ANY QUESTIONS YOU MAY HAVE!

HARBORD HOTEL

What's on at your local

LATE NIGHT SESSIONS

HARBORD SATURDAYS

EVERY SATURDAY



HARBORD SATURDAYS

Enjoy live music every Saturday!

Harbord Saturdays is a weekly party that you don't want to miss. No matter what week you attend, it's always a good time. Start in the courtyard, move inside at sunset and play till late.

TRIVIA TUESDAYS

Every Tuesday | 7pm

We're a venue for the people, so we're stoked to give you more of what you want.

We've got trivia every Tuesday in the main bar at 7pm. Head to Harbord Hotels What's On Page to register your table!

DON'T FORGET TO SHOW YOUR CLUB CARD

Show your Club Card on the Harbord App and receive:

- 15% OFF SELECTED HOUSE BEVERAGES 7 DAYS A WEEK
- 15% OFF FOOD MONDAY - FRIDAY
- SPENDS FROM CLUB MEMBERS GO TOWARDS CLUB REBATES

ONLY \$25
NO MORE TO PAY!



NO HIDDEN EXTRAS.



DOWNLOAD & SHARE!

*What is
a Merry
Pop-in?*

A **Merry Pop-in** is a gorgeous alternative to traditional Santa photos. Affordable, professional portraits delivered straight to your inbox within days of your shoot: ready to download, print and share as you wish!

WWW.POPINPHOTOS.COM/BOOK

Some of our recent successful sales.



7/18 Marmora Street
FRESHWATER

2 Beds | 2 Baths | 2 Cars

- 21 days on market
- 47 inspections
- 156 enquiries
- \$500k above guide



17/18 Marmora Street
FRESHWATER

3 Beds | 2 Baths | 2 Cars

- 11 contracts
- 107 inspections
- 275 enquiries
- 3rd penthouse sale in block



74/4-16 Kingsway
DEE WHY

2 Beds | 2 Baths | 1 Cars

- 27 days on market
- 86 inspections
- 176 enquiries
- \$200k above guide

To find out more and to discover what your property is worth in the current market conditions, call your Freshwater area specialists:

Mary Anne Cronin • 0411 773 646

Nathan Ford • 0404 696 133

UPSTATE

Book Your Exclusive Mustang Mach-E Test Drive

We can tell you all about the new Mustang Mach-E, but driving is believing. Don't miss this exclusive opportunity to be one of the first to take it out on the road.

Secure your spot for an exclusive Mustang Mach-E test drive, available from Friday 27th October to Tuesday 31st October at Titan Ford.

Don't miss out, book your test drive today [online](#) or by contacting us via text at +61 485 864 905 or enquiries@titan.com.au



Book your Mach-E
Test drive now

[Book a test drive](#)



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UPSTATE

10

SHAWOOD

Mike Dunn
CLARKE
& HUMEL

BENNETT  SURF CO.

ICON
HOMES

Neilson
Foundation



FRESHWATER SURF LIFE SAVING CLUB

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