



MARCH 2025

# ***FRESHIE SLSC***

All the latest news from your favourite club.



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# WHAT'S ON IN MARCH



## — CLUB NEWS

### *Club Members recognised at SLSNSW*

The SLSNSW State Championships Officials Recognition Function is an annual event designed to honour and appreciate the dedication of our Surf Life Saving NSW Officials. This event acknowledges their commitment and service through the presentation of 'Years of Service' certificates, providing an opportunity to reflect on achievements, share experiences, and connect with peers. This year SLSNSW had a number of officials, including Michael Bate, celebrating their 50 years of officiating and volunteering for SLSNSW, which is an amazing achievement!

**Michael Bate** received well-deserved recognition from fellow officials, Donald Van Keimpema OAM and Greg Heard, for his outstanding contributions. He was presented with a framed NSW cap and medals, displayed in a large white frame.



# Save the Date

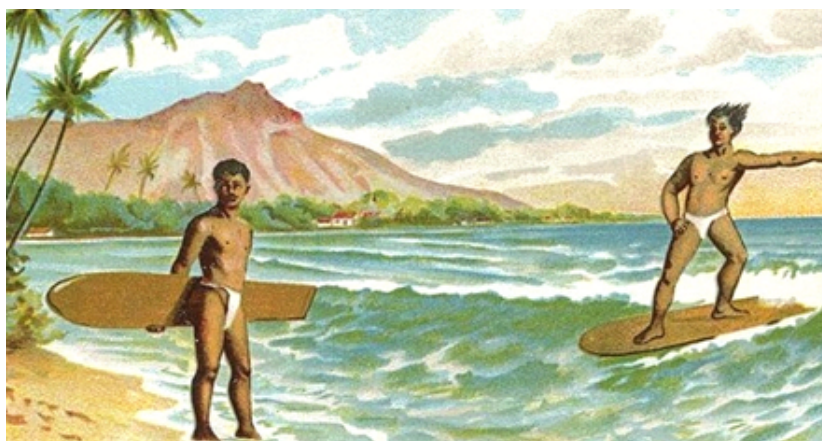
## FRESHWATER SLSC ANNUAL AWARDS NIGHT

SATURDAY 24TH MAY 2025

### — CLUB NEWS

#### *Freshie attends the 2025 Tasmanian Wooden Boat Festival*

Freshwater SLSC was invited to display some of our historic “wooden surfboards” at the Tasmanian Wooden Boat Festival, held this year in Hobart. The theme of our display was to demonstrate the evolution of surfboards – from ancient wooden to the modern foam fiberglass boards.



It is thought that surfing originated in Hawaii, using crude carved wooden planks, about a thousand years ago. These crafts were, in fact, the first wooden vessels.

So, Steve and Judy Bennett, along with Eric and Jenny Middledorp, strapped some of the Club's genuine vintage wooden surfboards onto their roof racks (see list below). They then took off to catch the Spirit of Tasmania ferry, and arrived in Hobart in time to display their boards, along with dozens of other fascinating wooden crafts and boats, in the Hobart City Hall.

The boards displayed included:

1. Standing upright on the left, is the our Duke Kahanamoku solid timber replica surfboard (37kg!).
2. Don Bullet Henderson’s wooden “Toothpick” board



3. Peter Rowland's 1956 hollow plywood Okanui surfboard.
5. And Greg Bennett kindly supplied an original 1958 Balsa Wood surfboard.
6. The last board (on the right) is a modern hollow plywood board, made by Gordon Stewart of the Tassie Wooden Boat Festival.



Photo showing Eric, Steve, Judy along with Greg and Maree Bennett and Jen (Eric's partner)



Thank you gift to the Club from our Graduating U14's



## *Report from the front line – The “battle” of Freshwater, Australia Day 2025*

Troops (Patrols 13 and 14) were readied at first light on 26 January 2025 in anticipation of a heavy battle ahead of them that day. Commanders Tops and Dobrow (Patrol Captains) had assembled a small but expert team unsure as to what the hardest day of patrolling (aka Australia Day) would have in store for them.

The customers/forces (general public) facing them were renowned for taking a leisurely start. They usually slept in, perhaps fending off a hangover, and didn't arrive at the “battlefield” (beach) until late morning. They'd set up their defensive CoolCabana and take an initial dip to remind themselves of former glories before settling down to a plate of cold meats and potato salad before opening the Esky.

The patrol kept a wary eye as the numbers climbed. By 11 am there were 250 potential customers in the water and another 2000 on the shore. Nerves were on edge - a lost child, a couple of small rescues and the patrol's “naval force” on boards corralled those who tried to push the boundaries of those flags.

As the sun passed overhead, the morning troops began to think that their control of the beach was not going to be challenged. And then then mayhem commenced.

Suddenly, the northern corner was filled with screams as a dislocated knee shattered the serenity. Half the patrol was required to perform the extraction of the injured party from the water and fortunately, the patrol had their own medic and para-medic who then managed the patient (with the assistance of the magic green whistle) until the ambulance reinforcements arrived.

In the midst of the extraction, another call went up as dislocated shoulder emerged adjacent to the southern flag. Fortunately, the afternoon reinforcements included a nurse who took charge of the second casualty as the captains endeavoured to ensure that the beach remained under observation whilst still providing care to the fallen.

In the afternoon, Commander Gardener took control for the second half of the day. It was not going to be any quieter. Added to the mayhem a large force of teenagers emerged from the dunes. Action was taken to call in the Constabulary who escorted the more excitable combatants from the beach.

By mid-afternoon however, Poseidon had decided that the troops did not have enough to do. First, the rip in the northern corner, which had been a headache to the morning team, accelerated and forced the naval forces on boards back to the seas. followed by tending to the victims of the Bluebottle stings.

Incredibly, another warrior succumbed to a dislocated shoulder, the injury had apparently been sustained on the slip-and-slide set up by the fire brigade, who were roundly praised by nearly all of Australia as “Good Blokes”.

Fortunately, the patrol’s guest star nurse and paramedic were able to stabilise the injury, and suggested that slip-and-slide might not have been the Fire Brigade’s best idea of the day.

Surely it was inconceivable that anything else could be thrown at the beleaguered red and yellow troops. Yet, in the southern corner, as the afternoon lengthened, a group of protagonists gathered that were quelled by Pol Air being called by a member of the public who hovered over the Bay as the would-be pugilists sought to flee. But they were no match for the ground-based constabulary who mopped up nearly as well as Caretaker Jaime.

Finally, the welcoming arms of dusk arrived and the flags were lowered and the troops triumphantly returned to the Clubhouse to share tales of the day and to tend to their own wounds as inflicted by the evil little blue men o’war.



# Accolade for para swimmer Declan

**Central Coast para swimmer Declan Budd has been named Athlete with a disability of the Year at the 2024 Regional Academies of Sport Inc (RASI) Awards.**

Held recently at the Wenty Leagues Club in Wentworthville, the event brought together all 11 RAS from across the state to recognise excellence in sport.

At the age of just 16, the Central Coast Academy of Sport athlete has had an exceptional year in para swimming, consistently demonstrating determination and perseverance both in and out of the pool.

Highlights of his year include: breaking the Male S14 50m Butterfly Short Course World Record in September 2024; competing as the youngest male swimmer in the 2024 European Para Swimming

Championships and reaching the finals; being selected for the inaugural Paralympics Australia AIS Para Start Strong Squad; earning seven gold and two silver medals at the 2024 Australian Short Course Championships; winning 11 gold medals at the School Sport Australia Swimming Championships; and setting multiple Australian records in both long and short courses across various events in his classification.

He was one of five outstanding athletes and coaches honoured at the annual event.

Other category winners were: Athlete of the Year, Sienna Toohey (swimming) – Southern Sports Academy; UAA Indigenous Athlete of the Year, Ocea Curtis (surfing) – North Coast Academy of Sport; Steadfast Athlete Leadership, Mia Richardson (basketball) –

Western Region Academy of Sport; and Steadfast Coach Leadership, Jeff Cooper (basketball) – South West Sydney Academy of Sport.

The event, supported by Steadfast, UAA and ClubsNSW, was attended by representatives from NSW State Sporting Organisations, the NSW Office of Sport, the NSW Institute of Sport, the Australian Olympic Committee, and Paralympics Australia.

Other nominees from the Central Coast were: Athlete of the Year, Elley Hawken (basketball); UAA Indigenous Athlete of the Year, Jemma Wooden (netball); Steadfast Athlete Leadership, Ashton Patterson (hockey); and Steadfast Coach Leadership, Gavin Sutherland (golf).

RASi chairperson Brett O'Farrell said the event was a "pinnacle moment for regional

sporting excellence".

"It underscores the collective achievements of our athletes, coaches and stakeholders from across NSW's diverse landscapes," he said.

"With over 2,000 athletes and 300 coaching staff benefiting from RAS support services across 100-plus local government areas, the RASi network's growth and impact are undeniable.

"As we journey towards Australia's 2032 Brisbane Olympic and Paralympic Games, the RASi's recognition and influence continue to flourish across government entities, sporting institutions and communities alike."

The RASi represents athletes from extensive geographic areas across NSW, providing crucial development pathways for future sporting stars.



Declan Budd (left) with fellow winners Mia Richardson, Jeff Cooper, Sienna Toohey and Ocea Curtis

## *OTHER SWIMS - Kim Cook*

While the Barney Mullins was happening, club members also swam at North Bondi with CanToo, a charity that raises funds for cancer research while training participants to complete a goal ocean swim. This summer 2 Freshie club members joined me at CanToo - Gina Bolton patrol 10 and Stacey Hardy patrol 14. The CanToo summer swim program raised over \$350k - that's 3 cancer research grants!



And here's a photo of Gina and me



## — *Vale Daun Matheson (1930 to 2025)*

Long-time member, George Webster has informed us that his sister, Daun Matheson, passed away on the 24 February aged 95.

Daun married Freshwater stalwart Don Matheson in 1952. Don of course, was part of the Freshie Matheson 'Dynasty' which included dual Aussie champion R&R swimmer 'Soccer' and Don's father Dick who swept and won the first Aussie surf boat title in 1920.



Don Matheson BEM was regarded as the father of jet powered surf rescue in Australia, and captained the Jack Wilson craft out of Freshwater Beach.

Our condolences to all Daun's family and relatives.  
Eric Middeldorp – Freshwater History Committee.



# — *INTERNATIONAL WOMEN'S DAY*

“It was their perceived inability to handle the ‘big guns’ of the lifesaver’s equipment - surfboats and the line, reeling and belt - that SLSA most frequently cited to explain its prohibition of [womens’] full participation in the movement.” (Freshie: The First 100 Years, p.52)

Despite the inception of Surf Lifesaving in 1907, women were not officially included in active lifesaving duties until 1980. The above quote is reflective of this delay.

On the 8th of March 2025, Freshwater SLSC proudly celebrated International Women's Day through its first ‘Pink Patrol’. Consisting of active female patrolling members and male champions, the day celebrated the contribution of women in lifesaving and the support from our male peers.

The Pink Patrol highlighted the abundance of talent and leadership present within our surf club. Over the course of the day, the patrols saw the following attendance:

- Over 25 patrolling women
- 4x female patrol captains
- 1x female RWC operator
- Several talented competitors straight out of State Championships
- Lots of blokes keen to support the incentive

Specific shout outs go to Shanny, Kelly and Pricy for their proactive involvement and enthusiasm. Additional support from the executive committee further confirmed that women within Freshie SLSC are consistently appreciated and valued.

Grace - Patrol 4 PC



# — *NIPPERS NEWS*

## *JUNIOR CLUB CHAMPS 2025*

- Freshie Nippers held its annual Junior Club Champs across 2 weekends in February – February 9 and February 23. It was great to see such fantastic participation across age groups from Under 8 through Under 14.
- Club Championships is all about having fun and for Nippers to show themselves their progress throughout the season in both beach and surf events.
- This year, we distributed Medals on our makeshift Podium for Gold, Silver and Bronze in each event.
- A big thanks to Officials and Water Safety volunteers who made the event feel like a professional carnival.
- Thanks also to the Boaties for hosting the Barbecue on both days.

## *JUNIOR AGE BRANCH CHAMPS -BEACH 2025*

- Freshwater performed admirably with a 4th overall placing on 125 points (an improvement in points and placement on last year)
- We again performed well in Team events – and there were a number of highlights for individual performances including –

- Sophie Yeats – 1st Sprint
- Bridie Murphy 2nd Sprint
- Matilda Brett 5th Sprint
- Max Switzer – 4th Sprint
- India Horder – 3rd Sprint
- Alessia Eerenstein – 4th Sprint
- Roxy McIlvain – 6th Sprint
- Bonnie Crosby – 4th Flags
- Amelia Mandalinic – 2nd Flags
- Marley CapOgreco – 3rd Flags
- Ginger Wessling – 4th Flags
- Sophie Yeates – 5th Flags
- Alexander Woodland – 3rd Flags
- Ayla Zouroudis – 4th Flags
- India Horder – 3rd Flags
- Zaylee Zouroudis – 3rd 2km Run
- Darcey Herd – 1st 2km Run
- Aria Amos – 2nd 1km Run
- Harry Temperton – 3rd 1km Run





## JUNIOR AGE BRANCH CHAMPS - WATER 2025



- After a false start with the competition first called off due to weather, the Freshwater Team achieved an outstanding result of 3rd overall on 139 points (an improvement position from last year).
- Highlights for standout individual performances –
  - Piper 5th – surf race
  - Koby Coates 5th – surf race
  - Eva Langley 5th – surf race
  - Edie McBean 5th – surf race
  - Harry Temperton 5th – surf race
  - Alessia Eerenstein 5th – surf race
  - Harry Ayer – 1st – surf race
  - Maggie Meagher – 3rd – surf race
  - Mia Jessop – 4th – surf race
  - Jake Payne – 1st Board
  - Harrison Burrough 4th Board
  - Cooper Orr 5th Board
  - Lenny Newby – 5th Board
  - Maggie Meagher – 5th Board
  - Brad Nitz – 2nd Board
  - Harry Ayer – 4th Board
  - Rose Meagher – 5th Board
  - Flo Warren 4th U13 Board
  - Harry Burrough – 3rd Iron Under 14
  - Lucas Peacock – 6th Iron
  - Maggie Meagher – 2nd Iron
  - Aria Amos – 3rd Iron
  - Harry Ayer – 3rd Iron
  - Brad Nitz – 5th Iron







## ***NIPPERS AT STATE 2025***

- The Nippers competed in the NSW State Championships on the weekend of 6-9 March. With Cyclone Alfred bearing down on the North Coast, the conditions were trying. A big thank-you to organisers for ensuring events continued despite the weather conditions.
- This year – Freshwater fielded a team of approximately 80 competitors – who really delivered with commendable performances across all age groups over the 4 days of competition.
- Freshwater was in 13th position overall with 47 points – behind Manly (3rd), Nth Curl Curl (6th) and Queenscliff (11th)
- Our medalist this year:
  - 1x Gold Medal – to Amelia Mandalinic and Lexie Tague for 2x1km Sand Run
  - 3x Silver Medals – to Amelia Mandalinic (2km Run), Darcy Herd (2km Run), U13 Girls Beach Relay Team
  - 1x Bronze Medal – to Harry Ayers (U14 Surf Swim)
- Our performance this year is thanks to the hard work of our coaches -mostly from the Youth team at Freshwater. Thanks coaches!
- Our team of stars will now head to the Gold Coast for Aussies – with Freshwater sending a Small junior team of U14 and U13 participants attending Aussies in April .

## ***UNDER 14 GRADUATION***

We celebrated the graduation of the Under 14 class of 2025 on Saturday 15 March. This was a great bunch of kids many of whom have been with us since Under 6. The kids presented the club with a signed Red Back, bought using funds raised by the Under 14 team. A big thanks to Adam Ewers who has guided this great bunch of kids as Age Manager.



# — SURF SPORTS NEWS

## *Freshwater Club Championships – Saturday February 22*

Freshwater held its annual Club Championships for Opens, Youth and Masters and both beach and water events were hotly contested. Stay tuned for results subject to a review of eligibility requirements.

### ***BOATS***

Our boat crews are gradually building towards reaching major competitive levels and are taking every opportunity to ply their trade. At the recent Coffs Harbour ASRL Carnival both Reserve Crews of the Felons (Swept by Moose) and the Welsh Dragons (swept by Nathan) made it through the qualifying rounds to Sunday's semi-finals (top 16).

The U/23 Womens' Freaks (Nathan) made the 2nd semi-final placing them amongst the top 12 giving the club a clean sweep into the final day's racing.

### ***BRANCH CHAMPIONSHIPS RESULTS***

The club had a significant contingent in Opens (Open, U/19, U/17 and U/15) and Masters categories competing at last month's Branch titles at Newport in challenging conditions. The club placed 4th overall in the club leaderboard and 3rd in the Masters categories.

#### **SLSNB-OPEN COMPETITION**

<b>Placing</b>	<b>Event</b>	<b>Team/Individual</b>
<b>1<sup>st</sup></b>	U/19 Champion Female Lifesaver	Kirra Budd
	U/19 Champion Male Lifesaver	Josh Orr
	U/19 Male Board Race	Liam Lehane
<b>2<sup>nd</sup></b>	Overall Club Champion Patrol	Freshwater
	U/19 Male Double Ski	Liam Lehane/Josh Orr
<b>3<sup>rd</sup></b>	Open Female Surf Teams	Millie Hosie, Jade Needham, Caitlin Price
	U/19 Male Surf Teams	Liam Lehane, Oliver Ludgate, Joshua Orr
	U/19 Male Board Rescue	Liam Lehane, Joshua Orr
	U/19 Male Board Relay	Liam Lehane, Oliver Ludgate, Joshua Orr



<b>4th</b>	March Past Champion Lifesaver U/19 Male Surf U/19 Single Ski U/19 Male Taplin Relay Open Female Board Rescue U/19 Male Board Relay	Freshwater Freshwater Liam Lehane Liam Lehane Liam Lehane, Oliver Ludgate, Joshua Orr Caitlin Price, Sammy Lever Harry Parker, Fionn Lehane, Austen Rebecchi
<b>5th</b>		
<b>6th</b>	U/19 Single Ski U/17 Single Ski	Josh Orr Harry Parker
<b>7th</b>	Reserve <u>Mens</u> Boat U/19 <u>Mens</u> Boat	Welsh Dragons The Worms
	U/19 Board Race U/19 Male Board Rescue	Josh Orr Oliver Ludgate, Austen Rebecchi
<b>8th</b>	U/19 Board Race	Oliver Ludgate
<b>9th</b>		Freshwater Freaks Open Reserve <u>Womens</u> Boat Crew

#### SLSNB-MASTERS COMPETITION

Placing	Event	Team/Individual
<b>1<sup>st</sup></b>	30-34 Female Surf Race 30-34 Female Board Race 30-34 Male Board Race 30-34 Female Board Rescue 45-49 Single Ski 55-59 Male Iron 55-59 Male Surf Race 60-64 Female Board Race 60-64 Years Iron Man 60-64 Male Board Race 65-69 Male Board Rescue 70-74 Years Single Ski 130 Years Ski Relay 130 Years Taplin Relay 170 Years Female Board Relay 170 Years Male Board Relay	Clare Freakley Clare Freakley Ben Kirkby Clare Freakley/Kelly Marsh Gaven Needham Simon Phin Simon Phin Gina McConnell Michael Kirkby Michael Kirkby Phil Bird/Paul Stormon Steve Davis Freshwater Freshwater Freshwater Freshwater
<b>2nd</b>	45-49 Male Board Race 50-59 Single Ski 60-64 Female Surf Race 60-64 Years Single Ski 60-64 Male Board Rescue 65-89 Male Board Race 65-69 Years Single Ski 65-69 Double Ski 130 Years Board Relay 150 Years Female Surf Teams 170 Years Ski Relay 70-74 Years Single Ski	Gaven Needham Simon Phin Shanny Dyer Michael Kirkby Michael Kirkby/Simon Phin Phil Bird Stephen Bennett Bennett/Stormon Freshwater Freshwater Freshwater Phil Fagan

<b>3rd</b>	60-64 Female Board race 65-69 Male Surf Race 65-69 Male Rescue Tube 65-69 Years Iron Man 190 Years Ski Relay	Shanny Dyer Paul Stormon Paul Stormon Paul Stormon Freshwater
<b>4th</b>	50-54 Male Iron Man 170 Years Male single Ski Relay	John Landells Freshwater
<b>5th</b>	65-69 Male Surf Race 55-59 Male Board Race	Phil Bird Simon Phin
<b>6th</b>	170 Years Male Board Relay	

## ***NSW STATE CHAMPIONSHIP RESULTS***

### Highlights

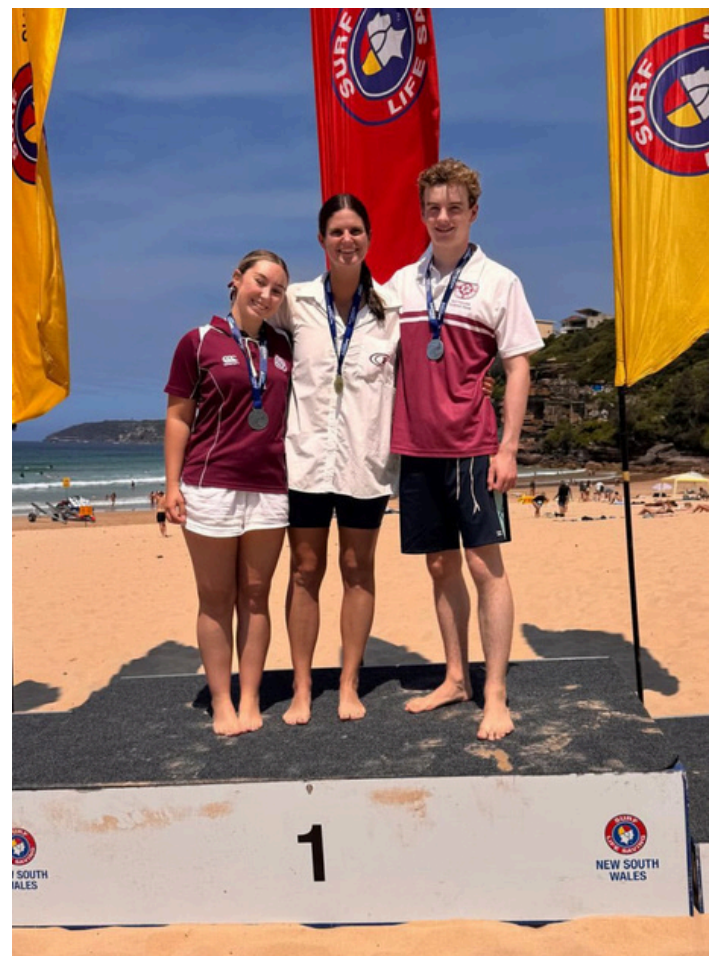
- Freshwater SLSC placed 6th overall on the club leader board and 3rd across Lifesaving events
- Freshwater SLSC competed bravely in the inaugural Open Mixed Taplin Relay event. Members were Bree Coates, Millie Hosie, Jade Needham, Harry Parker, Liam Lehane and Fionn Lehane
- Great result in the 240 Years Masters surf boat with a victory by crew Marc Bindner, Carl Quitzau, Bryan Weir, Mark Williams & Nathan Perry (s)
- A result for the ages with 60 year old father 'Killer' Kirkby and son Ben 2nd in the 30-24 years double ski
- Wave of the day by James 'Fingerbone' Coates and Andrew 'Sea Lion' De Vries coming through from 'dead and buried' to snatch 2nd in the 50-54 years board rescue
- Newly minted official the versatile Kelly Marsh jumping into events in between judging and starting to nab 3rd places in the 45-49 years Board, Ski and Flags
- Continued strong results across all R & R categories
- March Past team demonstrating 'continuous improvement' at the right time of the season
- The Open Female Surf Team of Bree Coates, Millie Hosie, Samantha Lever & Jade Needham placing 6th against NSW's strongest clubs

### ***LIFESAVING HIGHLIGHTS***

- Freshwater SLSC placed 3rd in the Lifesaving point score, pipped by Nth Steyne by 1 point
- Significant event crossover and success by some complete 'super-lifesaver-athletes'
- Huge effort by Lifesaving coaches Lindsay Davis, Cheryl White, Mark Gilbert, Kelly Dobrow
- The event enabled by officials Sharon Johnson, Andrew McEwan, Kelly Dobrow, Cheryl White, Lindsay Davis, Paris Giannakis



28 <sup>th</sup> Feb 1-2 Mar	State Lifesaving Championships Freshwater	
1st	U17 First Aid	Ewan Humphreys & Fionn Lehane
1st	U19 First Aid	Liam Lehane & Isabelle Stapf-Giannakis
1st	Open First Aid	Julia Baker & Tahlia Dearden
1st	30-39yr Female Champion Lifesaver	Clare Freakley
2nd	U19 Female Champion Lifesaver	Kirra Budd
2nd	U19 Male Champion Lifesaver	Freshwater SLSC Admin (admin@freshwaterslsc.com) is signed in
2nd	U19 First Aid	Joshua Orr & Kirra Budd
3rd	Open Patrol Competition	Kirra <u>Budd</u> , <u>Samantha</u> Lever, Liam Lehane, Isabelle Stapf-Giannakis, Joshua Orr & Caitlin Price
4th	U17 Male Champion Lifesaver	Ewan Humphreys
4th	U19 First Aid	Grace Hardy & Lily Bennett
4th	Open First Aid	Liam Lehane & Isabelle Stapf-Giannakis
5th	U15 First Aid	Anika Humphreys & Alessia Eerenstein
6th	Open First Aid	Caitlin Price & Samantha Lever
6th	U15 First Aid	Holly Pinnuck & Emily Isaacs



<b>12-13 March</b>	<b>State Masters Championships Queenscliff</b>	
1st	30-34yr Male Ski	Ben Kirkby
1st	60-64yr Iron Man	Michael Kirkby
1st	60-64yr Male Board Rescue	John de Mestre & Michael Kirkby
1st	65-69yr Male Board	Phillip Bird
1st	65-69yr Male Board Rescue	Phillip Bird & Paul Stormon
1st	110yr Male Ski Relay	Tim Jacobs, Ben Kirkby & Gaven Needham
1st	150yr Male Taplin	James Coates, Tim Jacobs & Michael Kirkby
1st	170yr Male Taplin	Phillip Bird, John de Mestre & Gaven Needham
1st	170yr Male Surf Teams	John de Mestre, Andrew de Vries & James Coates
1st	240yr Male Boat	Marc Bindner, Carl Quitzau, Bryan Weir, Mark Williams & Nathan Perry (s)
2nd	30-34yr Male Double Ski	Ben Kirkby & Michael Kirkby
2nd	45-49yr Male Double Ski	Tim Jacobs & Gaven Needham
2nd	50-54yr Iron Man	James Coates
2nd	50-54yr Male Board Rescue	James Coates & Andrew de Vries
2nd	60-64yr Male Ski	Michael Kirkby
2nd	65-69yr Male Double Ski	Stephen Bennett & Paul Stormon
2nd	70-74yr Male 1km Beach Run	Steve Davis
2nd	70-74yr Male Double Ski	Steve Davis & Phil Fagan
3rd	30-34yr Male Board	Ben Kirkby
3rd	30-34yr Male Flags	Ben Kirkby
3rd	45-49yr Female Board	Kelly Marsh
3rd	45-49y Beach Flags	Kelly Marsh
3rd	45-49yr Female Ski	Kelly Marsh
3rd	50-54yr Male Surf	John Landells
3rd	50-54yr Male Tube Race	John Landells
3rd	65-69yr Male Ski	Stephen Bennett

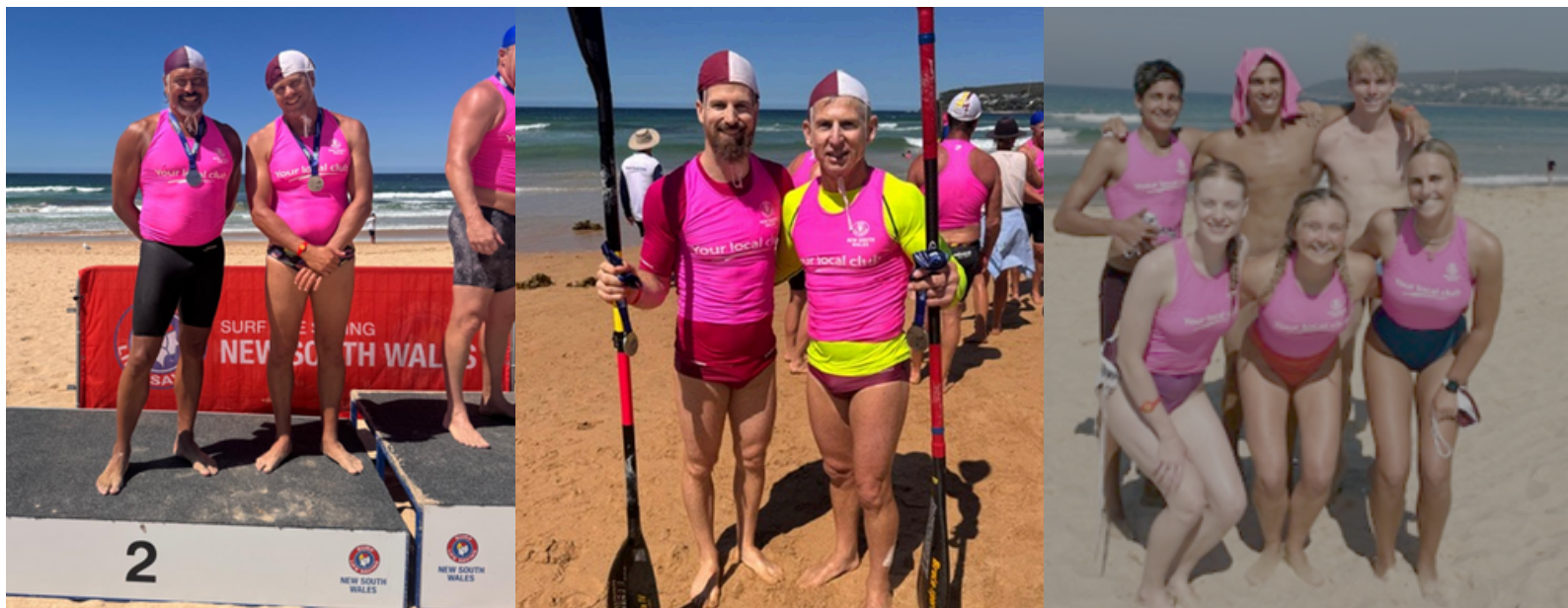




4th	60-64yr Male Board	Michael Kirkby
4th	60-64yr Female Sprint	Shanny Dyer
5th	45-49yr Male Tube Race	Gaven Needham
5th	50-54yr Male Surf	James Coates
5th	50-54yr Male Board	John Landells
5th	50-54yr Male Double Ski	Scott Carpenter & James Coates
5th	60-64yr Female Tube Race	Shanny Dyer
5th	70-74yr Male Ski	Steve Davis
5th	170yr Male Board Relay	Phillip Bird, Michael Kirkby & Gaven Needham
6th	30-34yr Iron Man	Ben Kirkby
6th	50-54yr Male Board	James Coates
6th	50-54yr Iron Man	John Landells
6th	60-64yr Female Board	Gina McConnell
6th	60-64yr Female Surf	Shanny Dyer
6th	130yr Male Board Relay	Ben Kirkby, Tim Jacobs & John Landells
6th	170yr Male Ski Relay	Stephen Bennett, Scott Carpenter & John Landells

<b>14-16 March</b>	<b>State Open Championships Queenscliff &amp; Freshwater</b>	
1st	Open Men's R&R	Seb Di Sano, Ian Donald, Patrick Kiely, Christopher Tyrrell & Hugo Weston
2nd	Open 6 Person R&R	Seb Di Sano, Ian Donald, Clare Freakley, Patrick Kiely, Christopher Tyrrell & Hugo Weston
3rd	Open Mixed R&R	Ian Donald, Clare Freakley, Jane Freakley, Wayne Freakley & Hugo Weston
4th	Open March Past	Sue <u>Walsmsley</u> , Ross Parry, Wendy Quail, Andrew Murphy, Elizabeth Murphy, Kevin Dyer, Jane Freakley, Alan Burns, David Inches, Ken Rickard, Judith Bennett & Rachel Needham
6th	Open Female Surf Team	Bree Coates, Amelie Hosie, Samantha Lever & Jade Needham





·Our inaugural Open Mixed Taplin Relay team of Bree Coates, Millie Hosie, Jade Needham, Harry Parker, Liam Lehane and Fionn Lehane

***'Aussies' Australian Surf Lifesaving Championships*** – Saturday March 29 to Sunday April 6 at North Kirra, Bilinga and Tugun SLSCs.

***Important*** – there will be a briefing for all Aussies touring team members (all disciplines) on this **Saturday March 22nd at 9:30am** at the club where we will

- Be advised on entry requirements, daily debrief and club social functions
- Understand the breadth and depth of our team
- Receive our touring team T-shirt





## Key dates

<b>Aussies</b>	<b>At Nth Kirra</b>	<b>At other locations</b>
Saturday March 22 at 9:30am		Freshwater Aussies Touring Team Briefing – 9:30am at Freshwater Club
Wednesday March 26 – 5pm	Pack gear trailer	
Competition Day 1 <b>Saturday Mar 29</b>	Youth Championships	Champ L/Saver-Open-Bilinga Champ L/Saver-Masters-Bilinga Open First Aid-Bilinga
Competition Day 2 <b>Sunday March 30</b>	Youth Championships Ocean Swim-All	Champ Patrol-Bilinga Board Riding-Open-Miami
Competition Day 3 <b>Monday March 31</b>	Masters Individual	Champ L/saver U14/19-Bilinga First Aid U19-Bilinga Surf Boat-Masters-Tugun
Competition Day 4 <b>Tuesday April 1</b>	Masters Team	First Aid U15/17-Bilinga Surf Boat-Masters-Tugun
		Board Riding-Youth-Miami Club Masters function (Coolangatta Bowling Club)
Competition Day 5 <b>Wednesday April 2</b>	Open/Youth	Board Riding-Youth-Miami Surf Boat-Open-Tugun
Competition Day 6 <b>Thursday April 3</b>	Open/Youth	Surf Boat-Open-Tugun Board Riding-Masters-Miami
Competition Day 7 <b>Friday April 4</b>	Open/Youth R & R March Past Clinic (Circa 3pm)	Surf Boat-Open-Tugun Board Riding-Masters-Miami Club Open Competitors function (Coolangatta Bowling Club)
Competition Day 8 <b>Saturday April 5</b>	Open/Youth Adaptive Events	Surf Boat-Open-Tugun  Club Open Competitors function TBD (Coolangatta Bowling Club)
Competition Day 9 <b>Sunday April 6</b>	Open/Youth competition Surf Boats-Open March Past (8am)	

Good luck to all Freshwater competitors and thanks to our dedicated coaches, sponsors and support members.

We close with some brilliant drone photography of magnificent Freshwater beach by Youth Services Club Committee member, Joshua Orr.

**Paul Stormon**

**Director of Surf Sports**

# — *Annual Club Service – Award Nominations*

As the second half of the season is now well underway, now is the time to start thinking about who you want to nominate for the various club service awards which are handed out each year at our annual awards and presentation event.

A list of the various awards and the qualification requirements are set out in the attached document.

The Club's Awards Panel has the responsibility for the receipt and assessment of nominations and for making recommendations to the Executive Committee in relation to all of the awards, with the exception of the Distinguished Service Award. Recommending the recipient(s) of this award remains the responsibility of the club Honours Panel.

All members are encouraged to get involved in the process by putting forward nominations for the awards. If appropriate, the same reasons can be relied on to nominate people for more than one of the awards which appears on the list.

Nominations can be sent to the Executive Officer C/-  
[executiveofficer@freshwaterslsc.com](mailto:executiveofficer@freshwaterslsc.com) or [admin@freshwaterslsc.com](mailto:admin@freshwaterslsc.com)

All nominations should be forwarded no later than 15th April to allow sufficient time for their assessment by the panel and referral to the Executive Committee for approval. **Click here for Annual Club Service Awards Criteria**





# SUNDAY SURF RACES

Every Sunday, 11AM on the beach

CAROLINE'S DYNAMIC  
TAI CHI  
Classes at Freshwater SLSC

*Tai Chi is a form of mindfulness exercise.  
All movement begins in the inner stillness of our minds.  
The core of Tai Chi training is the unison of mind and body.*

Teacher: Caroline Wang Noble  
Mobile: 0400480713  
Website: [www.carolinestaichi.com](http://www.carolinestaichi.com)

CLASSES AT FRESHWATER SLSC  
Tuesdays at 6.00 – 7.00pm starting 7<sup>th</sup> January 2025  
Wednesdays at 6 – 7pm starting 12<sup>th</sup> February 2025



## BUYER ENQUIRY PEAKS DURING THE SUMMER HOLIDAY PERIOD

COMPARISONS	DECEMBER	JANUARY	FEBRUARY	MARCH
Views per listing	1,532	<b>2,419</b>	1,971	1,892
Enquiries per listing	10.55	<b>24</b>	19	16.92
Properties for sale	654	<b>678</b>	1,010	944

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# HARBORD HOTEL

## What's on at your local



### FRESH COMEDY

Wednesday 26 March | 8pm

A monthly showcase of local and international comics, presented by The Comedy Store.

\$25 tickets, 8pm start!

As a club member, enjoy 15% off your next comedy night! Use code CLUBVIP.

Get tix on our app or website.

## DON'T FORGET TO SHOW YOUR CLUB CARD

Show your Club Card on the Harbord App and receive:

- 15% OFF SELECTED HOUSE BEVERAGES 7 DAYS A WEEK
- 15% OFF FOOD MONDAY - FRIDAY
- SPENDS FROM CLUB MEMBERS GO TOWARDS CLUB REBATES

# CLARKE & HUMMEL

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your home with Mike Dunn*

YOUR FRESHWATER PROPERTY EXPERT



*Thank you for trusting us in 2024. We look  
forward to seeing you this year.*

If your own trajectory for 2025 involves a new direction and you're thinking of selling, we'd love to get you moving and help you to take advantage of the strong prices currently unfolding in your area. Get in touch with me using the details below, or scan the QR code for a confidential chat or to find out more about the movements in your market.

20

FRESHWATER PROPERTIES SOLD IN 2024

\$70m+

TOTAL SALES VALUE IN FRESHWATER IN 2024

*Mike Dunn*

SCAN TO LEARN MORE OR BOOK AN  
OBLIGATION FREE MARKET APPRAISAL



Mike Dunn  
LREA & Partner  
0409 317 335 | [mike.dunn@clarkeandhumel.com.au](mailto:mike.dunn@clarkeandhumel.com.au)





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